

**School Health Advisory Board  
Alexandria City Public Schools  
February 21, 2023  
Meeting Minutes**

**Welcome/Introductions** (Deborah Akinyele, Chair)

**I. Call to Order:** 6:40 PM

Attendance:

<b>Member</b>	<b>Term Expiration</b>	<b>Term/Role</b>
Deborah Akinyele	6/30/2024	First Term, Community Member
Bridget Baron	6/30/2024	First Term, Student
Kristin Donley	6/30/2024	First Term, CB/GW/ACHS Staff
Fran Hazlewood	6/30/2024	Staff
Amanda Kelley	6/30/2024	First Term, ACHS
Ursula Rocha	6/30/2024	First Term, GWMS/ACHS/Staff
<b>Nonvoting Representatives</b>		
Dr. Robin Wallin	NA	Staff Liaison
Dr. Victor Martin	NA	Staff
Tammy Ignacio	NA	School Board Liaison

**Guests attending:**

- Emma Larson (Equity Resident)
- Tiya Jean-Pierre (Teen Wellness Center, Nurse Practitioner Supervisor)

**Status Reports**

## Old Business

- Approval of the minutes of the 1/17/23 meeting (Ursula Rocha, Secretary)
  - Change for approval:
    - Date from 1/16 to 1/17
    - Kristen Donley to Kristin Donley
    - Fran Hazelwood from pending to Active member

## New Business

- **Family Life committee (Kristin Donley):** Community representatives (Alexandria Pregnancy Prevention, etc.), one SHAB member, and one PE member. We need a clergy member.
- Partners in Sex Education. Curriculum that aligns with SOL for your state (\$5000). They can hold parent meetings and talk to School board members. The first phase of implementation. This will only be for secondary students.
- Our curriculum is falling short based on our current needs. We are excited to get the work started.
- Cases of reported sexual abuse are going up. Students are self-reporting, and we give them the tools and the voice for reporting.
- We want to weave in data from Teen Wellness Center.
- Questions:
  - Should SHAB help with teacher promotion?
  - How can we help? I will need your help when we present it to School Board. We are teaching to the VDOE SOL approved in 2020.
  - We teach sexual safety.
  - How do we advertise the Teen Wellness Center better? Presentations, better signage. Accessibility talks to parents about confidentiality.
- **Students Self-Advocacy Committee at SHAB (Deborah Akinyele):**
  - Promoting the Student Self-Advocacy committee
  - How are students navigating their reproductive rights, etc. So that they translate to practice.
  - How to advertise it?
    - CANVAS page?
    - Approach current groups and the students who do not have a voice.
    - Reaching out to staff members to get students' voices (CFC, Satellite, IA).

- **Vaccination (Robin Wallin):**
  - We just received a grant to support vaccination for Preschool entry. We may be able to collaborate with the Health Department (April and August)
  - Vaccination for our secondary students (Spring and August).
  
- **Mental Health (Deborah Akinyele and Ursula Rocha):**
  - Deborah: Lunch and Learn walkout.
  - How are we tracking the data?
  - How are we sharing the data?
  - How are you communicating the data with students?
  - Bridget: SEAL surveys are not always presented after SEAL lessons
  - Kristin: How do we create a study hall for students that need a mental health break?
  - Kristin: The impact of class sizes and mental health. Caps at some PE classes are over 40.
  - Bridget: Students believe that PRIDE time is taking away from L&L happening.
  - Kristin: Lessons in PE give students the tools they need to advocate for themselves.
  - Kristin: FLE lessons incorporating SEAL or MOVE2LEARN.
  - Tammy: MOVE2LEARN will start attending meetings
  - Every elementary school and some middle schools have movements and kinesthetic tools.
  - How do we embed SEAL into the process of the day?
  - Fran: how do we incorporate the pillars of SEL into their safety?
  - Tammy: Safety is not just student fighting; it is also substance abuse (Fentanyl).

#### **Announcements:**

- Family involvement for mental health
- SLACK program for communication
- March 2nd, Deborah will be presented at SHAB (priorities). Good opportunity to talk about vaccination, FLE curriculum, mental health emphasis, and substance abuse (10-15 minutes).
- NARCAN and Substance Abuse training and prevention at the next SHAB meeting.
- As SHAB representative, Bridget will follow up with Mr. Speich on the “why” behind issues.

**Next Meeting** – March 21, 2023

#### **Adjournment at 8:05**

Call to action by Fran Hazelwood  
All members present: Yay