

2020 Athletic Hall of Fame Inductee Bios

Katherine McAdoo, Swimming, T. C. Williams High School, Class of 2000

Katherine McAdoo was a varsity and Scholar Athlete all four years as a swimmer. In her freshman year, she placed 3rd in the 200m and 4th in the 100m Free (Freestyle) events at Regionals; and placed 5th in the 50m and 100m events at states, qualifying her for Junior Nationals. As a sophomore, she was District Champion in the 200m Freestyle and 100m Fly (Butterfly), State Champion and record holder in the 200m Free, and placed 2nd in the 100m Free. She was an All-American consideration, Washington Post All-Met 2nd Team, and again qualified for Junior Nationals. In her Junior year, Katherine was the District Champion in the 100 Free and Fly events, earned a Washington Post All-Met honorable mention, and qualified for Senior Nationals in the 100m and 200m Fly. Katherine was the Virginia State Champion and record holder in the 100m Fly and placed 9th in the 100m Backstroke. During her senior year she swam in the Olympic Trials for both the 100m and 200m Fly events, earned High School All-American in the 100m Fly, was a Washington Post All-Met First Team selection, and the Alexandria Sportsman's Club's Swimmer of the Year. She attended the University of California at Berkeley on a swimming scholarship. She has remained active, coached area swim teams, and taught Physical Education at Francis C. Hammond Middle School.

Roberta Elliott Speight, Track and Field, T.C. Williams High School, Class of 1984

Roberta Elliott Speight was born and raised in Alexandria, VA and attended T.C. Williams High School where she started her track and field career. She was a District and Regional champion in the 200 meters, 400 meters and long jump. She was also a State finalist in the 200 meters. She held the school record in the indoor 300 meter dash, outdoor 200 and 400 meter dash, and 400, 800 and 1600 meter relays. She held each of these records for at least 10 years or more. In addition to breaking those records, she was named first team All-Met in 1984 by recording the DMV area's fastest time. Roberta's leadership and dedication also resulted in team titles at the District and Regional level for T.C. Williams during her tenure. Roberta went on to attend George Mason University and ultimately graduated from National Bible College and Seminary. Roberta returned to the community as the volunteer track and field coach for T.C. Williams from 1995-1997 and was also the Chairman of the Substance Abuse Advisory Committee for the City of Alexandria.

Craig Harris, Basketball, T.C. Williams High School, Class of 1977

During his playing time as a student at George Washington Middle School, Craig Harris led the Junior Varsity Basketball team to an undefeated season. He then moved to T.C. Williams High school, where he played on the varsity basketball team, which only lost five games that season. He was considered short for the sport, but was a member of the 1976-77 team which was ranked No. 1 in both the Washington Star and Washington Post high school basketball polls, and finished off an undefeated season by winning the Virginia Class AAA final. Craig was selected to All-District, Regional, and State teams, but his highest achievement was being selected to the Washington Post All-Met team. The 1977 All-Met game was played at the Capital Center, where Craig played against Magic Johnson, and Gene Banks. He was selected as the MVP player of the game. He attended Tulane University on a basketball scholarship where

he played for 4 years and was team captain for three. In 1984 he returned to Alexandria and worked at GWMS for a period of time.

Cedric Matterson, Track and Field, T.C. Williams High School, Class of 1984

By the time Cedric Matterson was graduating from TC, he had earned more than twelve District and Regional Championships in the 400m, 800m, and 1600m outdoor relay, and in the 500m, 300m, and 1600m Indoor relay. He won the Virginia State Championship in the 800m, and was selected to the Washington Post All-Met team three times. Cedric also set the National Indoor Record in the 500m. In his senior year, the Southern Methodist University-bound 6-foot-2, 175 lb. Matterson, was regarded as one of the top three 400-meter performers in the nation. At SMU, he was a member of the 1986 NCAA Men's National Track Championship team, a 3-time NCAA Men's Track and Field All-American, and placed 2nd in the 1600m relay and 5th in the 800m relay in the 1986 Men's NCAA Championship. He was a finalist in the 1984 Olympic Trials in the 800m.

Bob Kessler, Basketball, George Washington High School, Class of 1952

Bob Kessler, known as "Thin Man," led the GWHS basketball team to three consecutive Northern Virginia Championships, led the team in scoring, and earned invitations to Washington's Evening Star Tournament and the Virginia State Tournament. As both a junior scoring 20 points per game and a senior scoring 17 points per game, he was selected for 1st Team All-State and All-Tournament teams. Kessler remains as one of only five Alexandria basketball players ever selected All-State in consecutive years. He attended the University of Maryland, where he became one of only three Terps in UMD's history to average over 20 points per game for two consecutive seasons. As a senior at 6'4" and a rugged 210 pounds, he averaged 14 rebounds per game, establishing an all-time career rebounding record which he held for 20 years. In both seasons, his performance earned him selection to the All-ACC Team. The Detroit Pistons selected Kessler as their 14th pick in the NBA Draft but he did not pursue a professional basketball career. Kessler fulfilled his military obligation as a U.S. Marine Corps officer and pilot. He later worked for American Airlines.

Lynwood Robinson, Football, George Washington High School, Class of 1971

Lynwood's athletic accomplishments at GWHS include outstanding performance as a varsity and junior varsity offensive and defensive tackle. He was also a member of the track and field team and competed in the discus and shot put, and a member of the wrestling team. In football, he was named to the All-State Second Team, the All-Northern Regional Team for the Potomac District, the All-Suburban Virginia Squad, and All-Met honorable mention. He was named Alexandria Athlete of the Year for Football in 1971. Upon graduation, Lynwood attend Virginia State College (now Virginia State University) in Petersburg, Virginia where he was an outstanding defensive end. He received recognition as an Outstanding Defensive Player, All-CIAA (Central Intercollegiate Athletic Association), All-NAIA (National Association of Intercollegiate Athletics), won a NAIA Championship and was named Trojan Player of the Week at the Ujima Classic. After college, he played in German-American Football League in Germany. Lynwood received numerous awards and recognition for service over a 23-year career with the Armed Forces Emergency Services division of the ARC and served tours in Desert Storm and

Desert Thunder. After retiring from the military, he worked for the Department of Homeland Security until 2016.

Mike Hynson, Basketball Coach at TCW and GWHS; Francis C. Hammond HS, Class of 1959

Mike Hynson, a 1959 graduate of Francis C. Hammond High School, was the varsity basketball coach at TC Williams from 1972 until the late 1980s. He coached his varsity basketball teams to a record of 263-102. He led the 1977 Boys Basketball team to a Virginia State AAA Championship, the only team to score over 90 points in a AAA state championship game. The victory came as a huge relief in and around Alexandria. No City team had won a state title since 1945, when the George Washington HS team won the title under head coach Rasty Doran. Mike Hynson also won 5 Northern Virginia Regional titles. Hynson worked for 30 years in the Alexandria City Public Schools. He was a Physical Education teacher at George Washington High School until 1972, when he joined the T.C. Williams staff. After leaving T.C. Williams, he went on to coach teams at Robinson High School and Oakton High School until 1997.

1971 T.C. Williams High School Football Team

In 1971, TC Williams Titans football team set the tone for the entire Alexandria community in a time of racial tension, conflict, and mistrust. Before the school year began, George Washington High School, Francis C. Hammond High School and T.C. Williams High School had been merged to achieve better racial balance after only one decade of integration. Under the leadership of coaches Herman Boone and Bill Yoast (both ACPS AHOF Members) the '71 Titans won 13 straight games to win the Virginia State Class AAA Championship. The team outscored opponents 357-45 and posted nine shutouts. In the regional title game, they won 28-0 beating perennial football power Annandale. Their fifth game against George C. Marshall, was a tight game, but the Titans rallied to win 21-16 on a 75-yard run by Frankie Glascoe (another AHOF Member). In 1971 the Titans were ranked first in Virginia, second in national polls and was subsequently regarded as "the best high school team ever" in Virginia. In 2000, the movie *Remember the Titans* immortalized the story of the team's success.