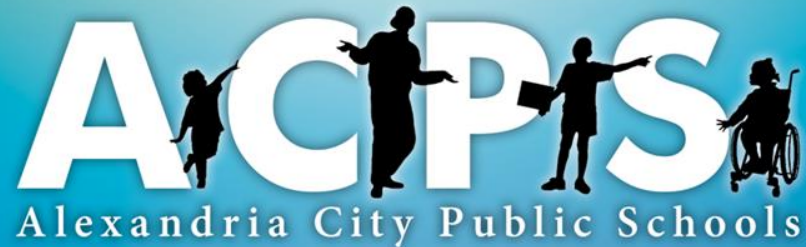


Social Emotional Academic Learning in ACPS



School Board Meeting
January 9, 2020



EVERY STUDENT SUCCEEDS

Revised 1/9/2020

Essential Questions

- What is Social Emotional Academic Learning (SEAL)?
- How does SEAL fit into the Multi-Tiered Systems of Support (MTSS) structure?
- How will ACPS implement a SEAL curriculum throughout the division?



ACPS 2020 Strategic Plan



Goal #: 5

Health and Wellness

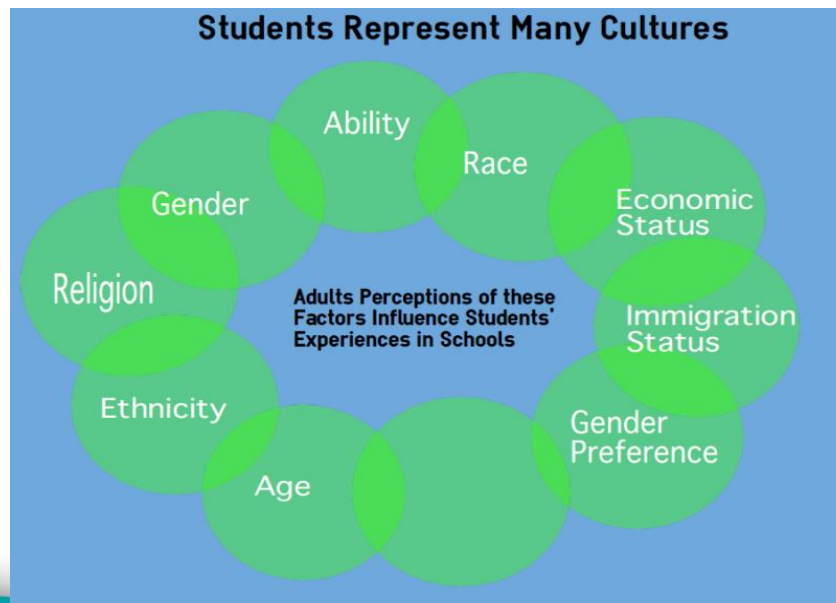
5.1: ACPS will develop, implement, and monitor effective programs that promote physical, social, and emotional wellness in order to maximize students' learning potential.

Foundation of Our Work

Culturally Responsive Academic & Behavioral Supports

“teaching to and through the experiences that students bring to the school...[it] acknowledges, responds to and celebrates the cultures of students”

-Gloria Ladson Billings



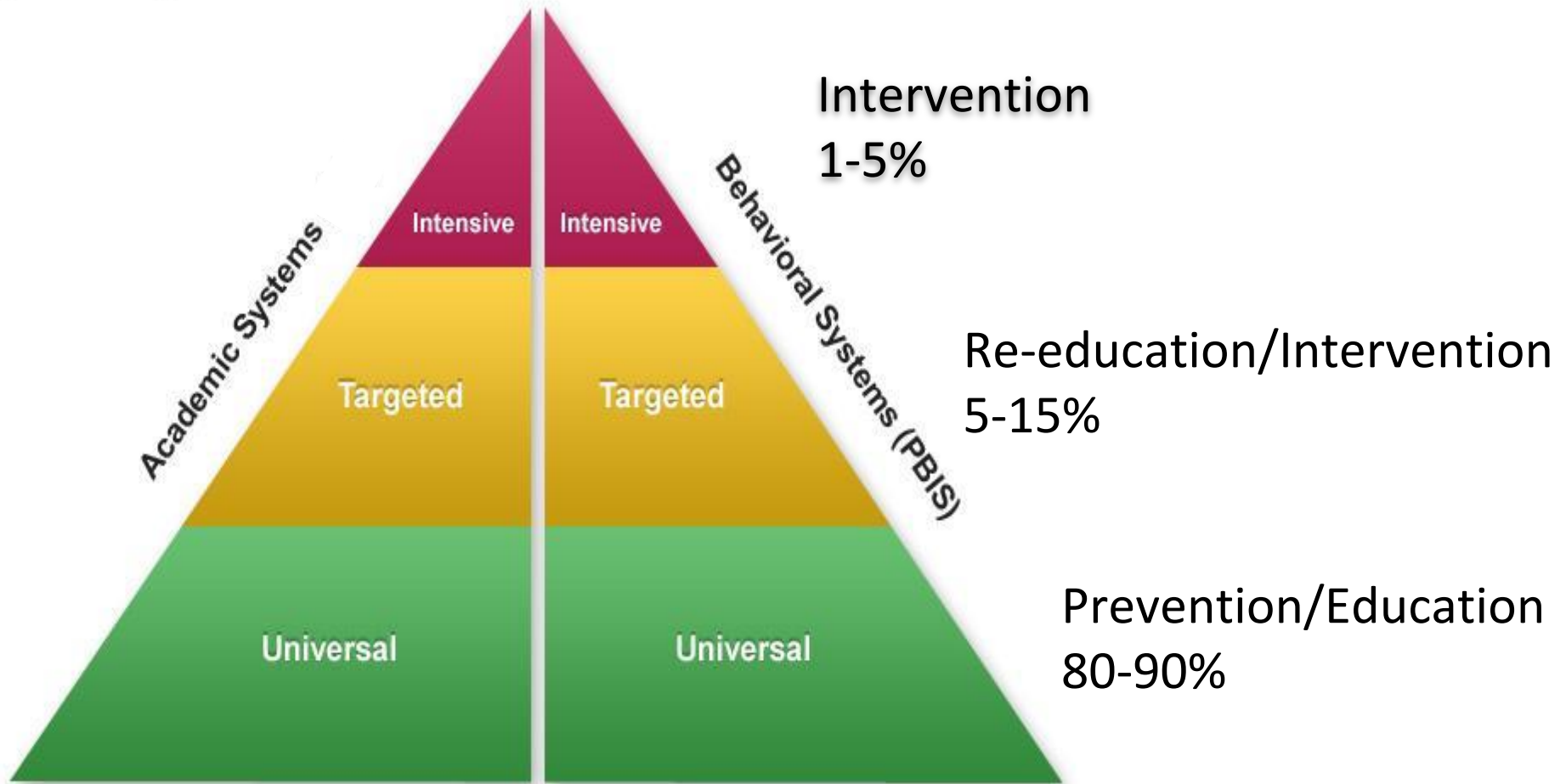
What is SEAL?

SEAL is the process through which children and adults understand and manage emotions and acquire positive relationship and decision making skills.

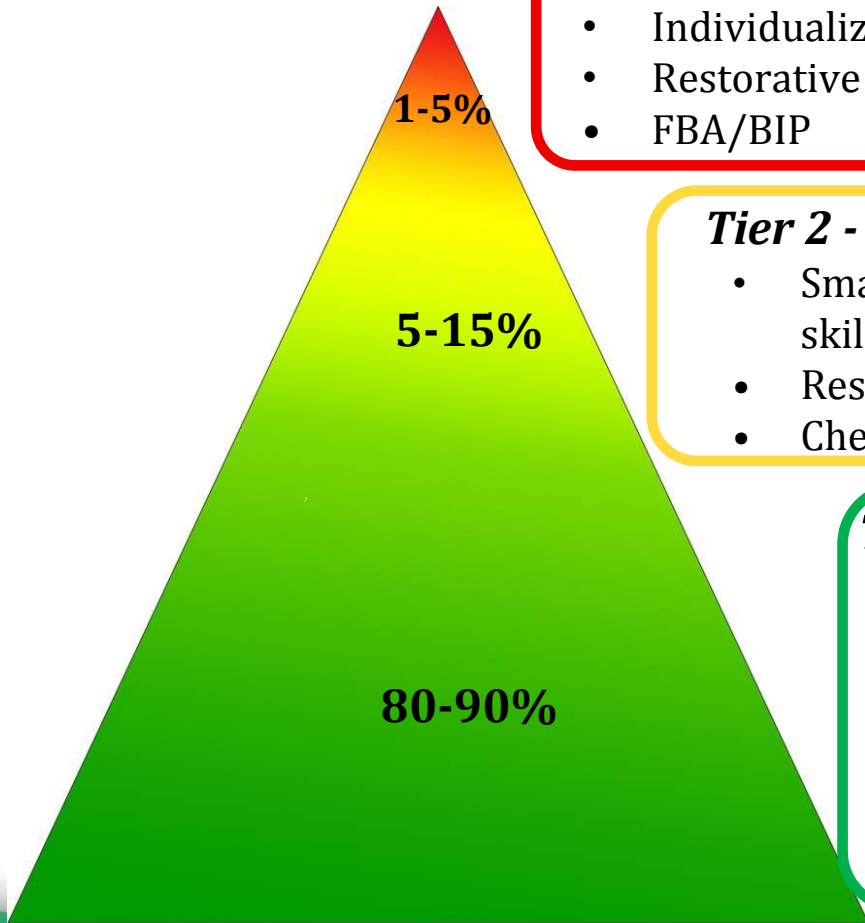
-Collaborative for Academic, Social, and Emotional Learning (CASEL)



MTSS Pyramid



MTSS - SEAL Approach



Tier 3 - Intensive Interventions for a FEW

- Individualized counseling services
- Restorative Conferences
- FBA/BIP

Tier 2 - Targeted Interventions for SOME

- Small group counseling (social emotional skill building)
- Responsive and Restorative Circles
- Check In/Check Out

Tier 1 - Universal Proactive Supports for ALL

- SEAL strategies embedded into core curriculum.
- Weekly SEAL lessons (pilot schools), facilitated by classroom teachers
- Common language to identify and manage emotions.
- PBIS Lessons
- Community Circles

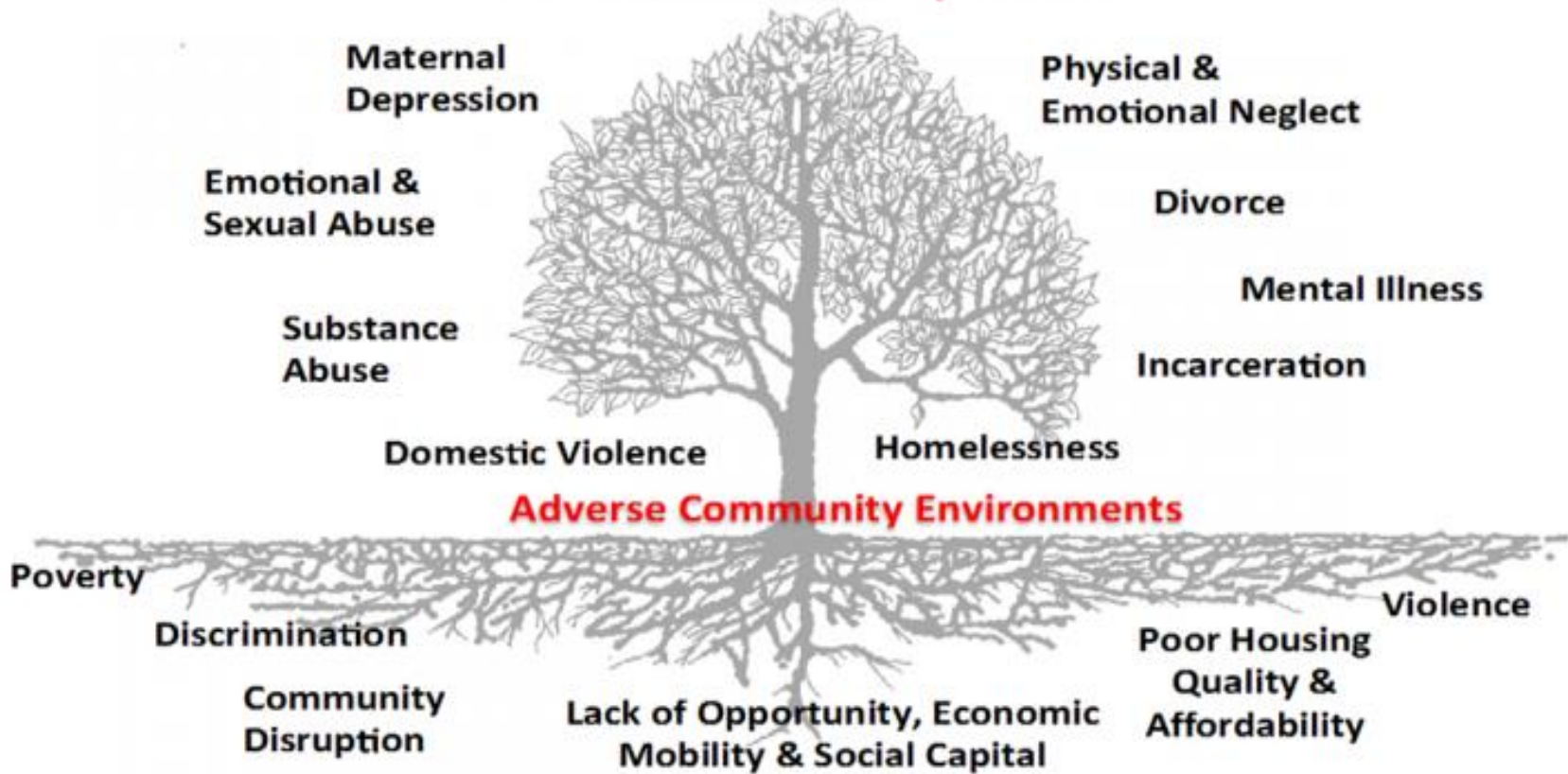
Building the Foundation: SEAL Professional Learning

- Adverse Childhood Experiences (ACEs) Interface Workshop
- Trauma Informed SEAL Workshop
- RULER Turnaround Training
- Kognito Online Training Modules
- Youth Mental Health First Aid
- *Reaching & Teaching Children Who Hurt*



The Pair of ACEs

Adverse Childhood Experiences



Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. *Academic Pediatrics*. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.acap.2016.12.011



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Kagan: Supports cooperative learning structures in the instructional setting while working to build capacity and ownership of student learning.

Restorative Practices (RP): Supports school-wide expectations through building relationships, maintaining community and repairing harm.

TIER 1:
All supports intertwine to meet the needs of students and provide an equitable student experience.

PBIS: Supports identifying and reinforcing school-wide expectations

SEAL: Supports relationship and community building through self regulation, positive decision making, and relationship skills.

SEAL Pilot

- Launched at 3 schools: Cora Kelly, Mt. Vernon Community School, and Ferdinand T. Day
- 1 Team from each school (administrator, teacher, and SST staff) attended **RULER** Institute at Yale University
- This school-based team is now leading turnaround training at their schools



SEAL Pilot: School's Perspective

Recognizing emotion

Understanding the causes of emotions

Labeling emotions accurately

Expressing emotions appropriately

Regulating emotions effectively



Cora Kelly RULER Training Share Out

Who?

- Jasibi Crews-West/Principal
- Christina Trozzi/School Counselor
- Christine Scherrer/Teacher

What?

- Trauma Informed Training with Ms. Jackson in August, 2019
- RULER Professional Development with Ms. Jackson and Cora Kelly RULER team in December, 2019
- Mood Meter Tool taught and implemented in Grade 3 and 4 counseling lessons
- Development of staff RULER Charter started

Next RULER Steps at Cora Kelly

- Pilot gradual implementation of RULER strategies and lessons in Ms. Scherrer's Grade 3 classroom
- Continued implementation of mood meter in counseling lessons
- Continued work on staff charter
- Identifying the crossover with PBIS work currently happening
- Ms. Jackson and Cora Kelly RULER team to lead PD in March 2020 for staff
- Planning of RULER Professional Development during Back To School Week in August 2020

RULER in Ms. Scherrer's Third Grade Class



SEAL in ACPS Timeline

Spring/Summer 2019

- Professional Learning Plan (PLP) created for ACPS SEAL Implementation
- Ferdinand T. Day, Cora Kelly, Mt. Vernon began implementation of SEAL pilot program (Trauma Informed SEAL Professional Development Workshop provided to all staff at each campus)

Fall 2019

- Ferdinand T. Day, Cora Kelly, Mt. Vernon teams attended the RULER Institute at Yale University
- Begin staff turn around training for RULER



Questions?

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