



AAS ADVISORY COMMITTEE

AGENDA

March 5, 2024 6:30pm-8:30pm

Alexandria City High School
3330 King St, Alexandria 22302
Room A-114 (Career and College Readiness)

- 6:30 – 6:45 Chair’s Opening Remarks**
D. Ohlandt, AASAC Chair
- 6:45 – 7:00 Approval of November 28, 2023 Meeting Minutes**
Approval of February 6, 2024 Meeting Minutes
- 7:00 – 7:10 ACPS Staff Remarks**
- 7:10 – 7:40 Presentation from ACPS Student Services**
Social Emotional Learning (SEL) Competencies
Mental Health Supports Across the District
Parent/Guardian SEL Connections at Home
- 7:40 – 8:10 Committee Work Session**
SEL concerns for AAS students
Discussion of Chapters 7 and 8 of the book *A Parent’s Guide to Gifted Children*, 2nd ed
“Perfectionism, Stress, and Trauma”
“Idealism, Unhappiness, and Depression”

NOTE: The 2nd edition of this book is available in the catalog of Arlington Public Library; The 1st edition is available in the catalog of Alexandria Public Library. If you are having difficulty locating a copy, please reach out to AASAC@acps.k12.va.us for help. Please allow 24 hours for a response.

8:10 – 8:30 Public Comments

8:30 Adjourn

Upcoming AASAC Meetings:

Tu 4/9 @ 6:30 p.m. - 8:30 p.m.
Alexandria City HS - 3330 King Street, Alexandria, VA 22302

Tu 5/7 @ 6:30 p.m. - 8:30 p.m.
Alexandria City HS - 3330 King Street, Alexandria, VA 22302