

**ALEXANDRIA CITY PUBLIC SCHOOLS
SCHOOL HEALTH ADVISORY BOARD
MEETING MINUTES**

March 9, 2017

4:00-5:30 pm

Samuel W. Tucker Elementary School -- Art Room

SHAB Member Attendees: Deborah Bowers (Alexandria Health Department / Teen Wellness Center), Candace Hill (Chair, parent, Partnership for a Healthier Alexandria), Julie Rocchio (parent), Dr. Vivek Sinha (Medical Consultant to ACPS), Dr. Tara Stanley (parent, Optometrist), Michael Suppa, (ACPS, Child, Youth and Families Collaborative Commission)

Other Attendees: Canek Aguirre (Anthem Healthkeepers Plus), Cindy Anderson (School Board Liaison), Robyn Douglas (ACPS), Rachel Mendelson (DCHS / ACAP), Jane Richardson (ACPS / ECSE Services)

Call to Order

Chair Candace Hill opened the meeting.

Adoption of Meeting

The meeting agenda was reviewed and approved.

- **Call to Order**
 - March 9, 2017, 4:09 pm
 - Identified Barbara Nowak as note taker for meeting

- **Reviewed and Approved Meeting Minutes** from 11/10/2016 & 1/12/17 SHAB Meetings with minor edits

- **Adoption of Meeting Agenda** / Review & Approved Agenda with two additions
 - Update on Food Allergy Guidelines review
 - Review of FLE recommendation to School Board

- **Old Business and Action Items**
 - Health Access Outreach Project Update -- Julie Rocchio presented the Health Access Outreach Project Update (See document attached)
 - Figure 3 was highlighted showing that the difference in numbers between 2013 and 2014 was a consistent trend throughout jurisdictions.
 - Alexandria has consistently higher numbers of children uninsured than other jurisdictions.
 - SHAB has turned the work over to the Partnership for Healthier Alexandria in regard materials and systems for outreach, but will continue to monitor the numbers of uninsured and information related to access.

- SHAB recommends that we remove the www.commonhelp.virginia.gov/access from the health services portion of the website and add information about access to care at the Leadership Academy and with the SST.
- ACPS Kindergarten BMI Data Collection and Analysis Update -- presented by Dr. Barbara Nowak -- Data is ready to go to Alexandria Health Department as soon as zip codes are added.
- Food Allergy Guidelines (FAG) Review presented by Barbara Nowak. FAG are nearly vetted. Two more stakeholder groups still need to review and then the document can be presented. Julie R suggested we communicate widely to parents about the new guidelines program. Combine 504/Food Allergy Information Letter describing the new food allergy guidelines so it could be given when children are identified with food allergies.
- FLE document reviewed and presented by Candace Hill for Michael Humphreys.
 - SHAB members feel two issues should be included in the document: 1) how to ensure teachers know they have to share all documents utilized in the FLE instruction, and 2) where to share supplemental materials before use in the classroom.
 - Language change in curriculum necessary from “abstinence until marriage” to “abstinence until in a committed relationship”.
 - The group discussed the need to have more structure to the implementation of the program consistent throughout the division. Currently, it appears that implementation of the FLE is different throughout the school system.
 - The group discussed that the language in the document should direct teachers as to when the FLE should be done in a consistent time frame during the school year.
 - The group recommended the document be reviewed at next meeting with Mike present before being presented to the school board.
- **New Business and Reports**
 - School Health Services & WOW Bus Report -- presented by Barbara Nowak -- see document attached. SHAB members agreed that it would be fine to switch the category on the update document from Case Management to Individual Healthcare Plans
 - Teen Wellness Center Services Report - presented by Deborah Bowers -- see document attached. Student advisory board formed to help with outreach efforts. ACAP – started implementing curriculum that defines, teaches and supports appropriate student behavior at Hammond and will move to GWMS soon. The

new curriculum is incorporated into the FLE curriculum.

- Report from School Nutrition Services -- presented by Robyn Douglas -- Group donated salad bars to ACPS. Working with FCPS to see how to implement the salad bar. Salad bar was started at Charles Barrett as a pilot and has had a positive outcome.
- Report on Developmental Assets Workshop -- presented by Candace Hill -- Candace attended the Accelerating Assets workshop, which included a review of external and internal assets. The workshop discussed the data and led the participants into understanding how to utilize the data. Participants chose four categories as the priority areas, including:
 - Positive Family Communication
 - Personal Power
 - Community values youth
 - Creative Activities – how to get more families involved with extra-curricular/enrichment programs
- Leadership 2016-2017 / appoint a Chair Elect -- Candace Hill asked members to consider a leadership position and she will contact members separately to find nominations for the May meeting.
- **Next Meeting** scheduled for May 11th, 4:00pm, at Samuel Tucker Elementary School, Mini Auditorium
- **Meeting adjourned** at 5:40 pm.