# Update on Positive Behavioral Interventions & Supports and Restorative Practices



#### April 12, 2018



**Every Student Succeeds** 

Revised 4/10/18

## **Essential Questions**

- How do the components of Multi-Tiered Systems of Support (MTSS) work together with Positive Behavioral Interventions and Supports (PBIS) and Restorative Practices (RP)?
- How are PBIS and RP being implemented to support student behavior and a positive school climate, and what accountability measures are in place?
- How does formative data inform our current and future work with PBIS and RP?



## What is a Multi-Tiered System of Support?

- An evidence-based model of instruction, assessment and intervention
- Uses data-based problem-solving to integrate academic and behavioral instruction and intervention
- Delivered to students in varying intensities and in a timely fashion
- Data is collected and analyzed on an on-going basis to guide decision-making

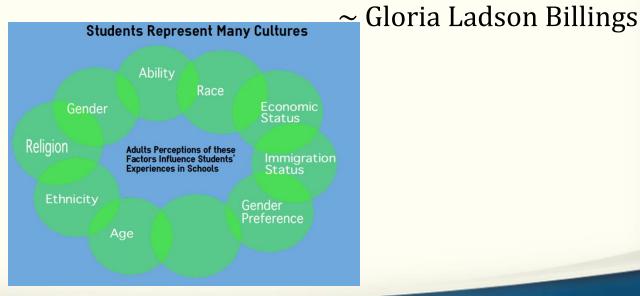
Response to Intervention (**RtI**) + Positive Behavioral Interventions & Supports (**PBIS**) = Multi-Tiered System of Support (**MTSS**)



### **Foundation of our Work**

Culturally Responsive Academic & Behavioral Supports

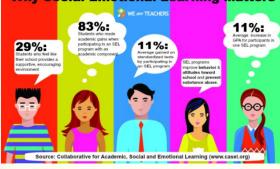
"teaching to and through the experiences that students bring to the school...[it] acknowledges, responds to and celebrates the cultures of students"





www.acps.k12.va.us

# Why do Behavioral Supports Matter?







#### Soft Skills:

- Effective Communication
- Effective Meetings
- Effective Leadership
- Conflict Resolution
- Problem Solving Strategies
- Dealing w/Difficult People

- Stress Management
- Time Management & Organizational Skills
- Presentation Skills
- High Performance Team Building and Managing
- Transition & Change





#### www.acps.k12.va.us

#### Revised 4/10/18

## **Workplace Readiness**

#### Personal Qualities and People Skills

#### 1. POSITIVE WORK ETHIC:

Comes to work every day on time, is willing to take direction, and is motivated to accomplish the task at hand

2. INTEGRITY: Abides by workplace policies and laws and demonstrates honesty and reliability

3. TEAMWORK: Contributes to the success of the team, assists others, and requests help when needed

- SELF-REPRESENTATION: Dresses appropriately and uses language and manners suitable for the workplace
- 5. DIVERSITY AWARENESS: Works well with all customers and coworkers
- CONFLICT RESOLUTION: Negotiates diplomatic solutions to interpersonal and workplace issues
- CREATIVITY AND RESOURCEFULNESS: Contributes new ideas and works with initiative

#### WORKPLACE SKILLS For the Commonwealth Professional Knowledge and Skills

8. SPEAKING AND LISTENING: Follows directions and communicates effectively with customers and fellow employees

9. READING AND WRITING: Reads and interprets workplace documents and writes clearly

- CRITICAL THINKING AND PROBLEM SOLVING: Analyzes and resolves problems that arise in completing assigned tasks
- 11. HEALTH AND SAFETY: Follows safety guidelines and manages personal health

 ORGANIZATIONS, SYSTEMS, AND CLIMATES: Identifies "big picture" issues and his or her role in fulfilling the mission of the workplace

 LIFELONG LEARNING: Continually acquires new industry-related information and improves professional skills

14. JOB ACQUISITION AND ADVANCEMENT: Prepares to apply for a job and to seek promotion

- TIME, TASK, AND RESOURCE MANAGEMENT: Organizes and implements a productive plan of work
- 16. MATHEMATICS: Uses mathematical reasoning to accomplish tasks

helpful, courteous, and knowledgeable service

Workplace Readiness Skills for the Commonwealth was developed by the Virginia Department of Education S Office of Career & Technical Education, the University of Virginia's Weldon Cooper Center for Public Service, the Career and Technical Education Ornsortium of States, and Virginia's CTE Resource Center.

17. CUSTOMER SERVICE: Identifies and addresses the needs of all customers, providing

#### Needs Identified by Virginia Employers

#### Technology Knowledge and Skills

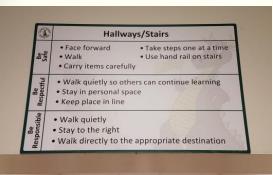
- JOB-SPECIFIC TECHNOLOGIES: Selects and safely uses technological resources to accomplish work responsibilities in a productive manner
- 19. INFORMATION TECHNOLOGY: Uses computers, file management techniques, and software/programs effectively
- 20. INTERNET USE AND SECURITY: Uses the Internet appropriately for work
- 21. TELECOMMUNICATIONS: Selects and uses appropriate devices, services, and applications



ArctP/Sa

### What is PBIS?

PBIS is a proactive systems-approach for creating and maintaining safe and effective learning environments in schools, and ensuring that all students have the social emotional skills needed to ensure their success at school and beyond.









#### www.acps.k12.va.us

# **PBIS in ACPS**

- Began the process to formalize PBIS programming at all elementary and middle schools in 2012-13
- Programming for PBIS is at elementary, K-8 and middle schools with a PBIS Coach per school (stipend position)
  - Douglas MacArthur utilizes *Responsive Classroom* as their PBIS programming
- Created PBIS Coordinator position in 2014
- Collaborate regularly with Mid-Atlantic PBIS Network





#### **PBIS Tiers of Support**



Individual Counseling Intensive Social Skills Instruction Functional Behavior Assessment Behavior Intervention Plan Intensive Collaboration with Family Interagency Collaboration/

Check-in/ Check-out Social Skills Instruction Conflict Resolution Small Group Counseling Bullying Prevention **5-10%** 

#### 80-90%

School-wide Expectations and Rules Teaching the Expectations Incentives and Motivators Common Response to Inappropriate Behavior Monitoring School-wide Discipline Data



## **PBIS Highlights**

1. PBIS school walkthroughs conducted; highlighted best practices and areas of growth for each school.

2. Schools are working toward comprehensive implementation of a PBIS approach e.g., inclusion of more staff in PBIS planning, increased data-based decision making, and information sharing of PBIS practices used to support student behavior and reinforce a positive school climate.

3. Cross training with Student Support Team (SST) staff and PBIS coaches to highlight PBIS principles within the role of the SST to ensure a streamlined MTSS approach.

4. Multiple trainings conducted with community stakeholders on the role of PBIS and how its strategies can be used in their youth programs to reinforce social skills taught in schools. Ex: Afterschool in Alexandria Forum

5. Poster presentation at the National PBIS Leadership Forum of best practices in Tier One supports used in our school division.

## **PBIS Continuous Improvement**

- Monthly data submissions on referral data
- Walk-throughs at each school by PBIS Coaches

Monthly PBIS Discipline Referral Data Analysis
Name(s):
School:
Reporting Month:
- Total # of Discipline Referrals (schoolwide):
- Most referred behaviors: <u>1.</u>
2.
3.
- Most common location for behavior referrals:
- What time of day are most referrals being written? (circle one):morning/_midday/_afternoo
- What grade level has the most discipline referrals?:
- What students received the most discipline referrals this month?: (top 5 students receiving the n

- Approximately 175 staff members trained in PBIS since July 2016
- End of year assessment, Tiered Fidelity Inventory (updated 2017) to measure fidelity of implementation

Key Performance Indicator		Baseline			201	6-17	2018-19	2020	
Key Performance Indicator	2012-13	2013-14	2014-15	2015-16	TARGET	ACTUAL	ACTUAL	ACTUAL	TARGET
5.2.3 Fidelity of implementation of positive behavior plans as determined by the Benchmarks of Quality Assessments.	3 of 16	4 of 16	5 of 16	10 of 16	12 of 16	11 of 16			16 of 16



### **PBIS Next Steps**

1. Ongoing progress monitoring of Tier 1 supports; technical assistance will be provided as needed to support and improve schools' levels of implementation.

2. Continued training for PBIS coaches, school teams, administrators and SST on the development and alignment of Tier 1, Tier 2 and Tier 3 supports.

3. Development of a division-wide collection of social emotional and behavioral lessons that will be accessible to all staff.

4. Continued focus on the monthly analysis of behavioral data to inform decisions around school wide and division wide behavior support practices.

5. Research and identify universal behavioral screening tools .

### What are Restorative Practices?

RP is an emerging field of study that enables people to build relationships, maintain community and restore relationships in an increasingly disconnected world.



What WORKS Lessons Learned 1) Preparine for circles 2) Clear expection roles following 3) Speak RP language daily 4) Teacher ad min buy- in 5) Takes time to A school culture () Respective ?'s most practical / Web 7) RP coordinators Key

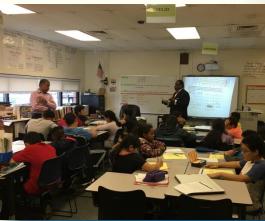




#### www.acps.k12.va.us

#### **Restorative Practices in ACPS**

- Began planning process in May, 2014 to use RP as alternatives to suspension
- Implementation of RP is now at T.C. Williams Main Campus and Minnie Howard, grades 9-12, Hammond's International Academy
- Restorative practices are a part of the ACPS Code of Conduct
  - Restorative Circles are used on an as needed basis at all schools levels





## **Aim of Restorative Practices**

- To develop community and to manage conflict and tensions by repairing harm and restoring relationships
  - 80% proactive strategies developing community
  - 20% responsive strategies repairing harm and restoring relationships
    - According to the International Institute for Restorative Practices (IIRP), schools that only use responsive strategies without building social capital beforehand are less successful than schools that lead with proactive strategies



## **Multi-tiered Restorative Approach**

#### Tier 3 - Intensive Interventions for a FEW

- Repairing harm- Restorative Circles
- Empowering change and growth for all parties involved
  - Re-building relationships

15%

80%

5%

#### **Tier 2 - Targeted Interventions for SOME**

- Maintaining community- Responsive Circles
- Repairing relationships
- Participating and being a part of the solution

#### *Tier 1 - Universal Proactive Supports for ALL*

- Building and re-affirming relationships through social emotional skills
- Community Circles



www.acps.k12.va.us

## **RP Implementation Plan- 5 Year Plan**

- Regular RP Implementation Team meetings
- Ongoing meetings with Tenants and Workers United and Advancement Project to provide RP updates
- Student-led production of a video to increase the understanding of RP
- Continuing professional development for teachers and administrators
  - SY 16-17: 175 staff trained in Community Circles, 80 staff trained in Restorative Circles
  - SY 17-18: 250 staff trained in Community Circles, 30 staff trained in Restorative Circles, 13 staff trained as Community Circle trainers



www.acps.k12.va.us

	Action Step	Responsible Person/ People	Time frame	Status
Year 1 (2014-15)	Identifysite leaders for each implementation site         TCW HS principal, administrators from Minnie Howard campus and International Academy, Restorative Practices liaisons from Minnie Howard and the International Academy	T.C. Williams staff and representatives from the Office of Student Services	August 2014	Completed
	<ol> <li>Complete Restorative Practices overview training for administrators, deans, SST members, teachers and division leaders</li> </ol>	Restorative Justice Trainers	August 2014	Completed
	<ol> <li>Provide Community circle training for teachers at Minnie Howard campus and International Academy</li> </ol>	Restorative Justice Trainers	August 2014 – April 2015	Completed
	<ol> <li>Conduct community circles during advisory periods as led by building/ program administrators</li> </ol>	Teachers at Minnie Howard campus and International Academy	September 2014 – June 2015	Completed
	<ol> <li>Conduct Restorative/ Conflict circle training for deans, administrators, SST members at Minnie Howard campus and International Academy</li> </ol>	Restorative Justice Trainers	February 2015	Completed
	<ol> <li>Conduct restorative/conflict circles for identified infractions in place of traditional consequences</li> </ol>	Deans, administrators and SST members at Minnie Howard campus and International	February 2015 – June 2015	Completed

### **Restorative Practices Highlights**

1. Aligned the RP model with PBIS and other research-based interventions to assist schools in developing tiered supports using the MTSS framework.

2. Facilitated multiple community circles, restorative circles and formal restorative conferences at elementary, middle and high school levels.

3. Engaged the ACPS community, including FACE Center, and other city stakeholders in the introduction of RP through multiple trainings and workshops.

4. Expanded the use of RP to 12<sup>th</sup> grade and F.C. Hammond's International Academy.

5. Trained a cohort of students in the implementation and facilitation of community circles.

### **Restorative Practices Logic Model**

PROBLEM STATEMENT: ACPS recognizes there are opportunities to increase positive relationships and a sense of community for all. This is rooted in underdeveloped social-emotional skills and a lack of empathy leading to behaviors that are not conducive to a positive learning environment which impacts all of ACPS and the Alexandria community.

INPUTS		OUTPUTS	1-3 YEARS SHORT-TERM OUTCOMES	4-7 YEARS	ІМРАСТ
<ul> <li>Students</li> <li>Technology</li> <li>Staff</li> <li>Budget</li> <li>Time</li> <li>Leadership/Vision Support (Superintendent, School Board)</li> <li>External Research-Based Resources</li> <li>Internal &amp; External Communication</li> </ul>	<ul> <li>Student Professional Development</li> <li>Staff Professional Development</li> <li>Community Workshops (houses of worship, community groups)</li> <li>FACE Center Workshops</li> <li>Community Circles (tier 1)</li> <li>Restorative Circles (tier 2)</li> <li>Restorative Conferences (tier 3)</li> <li>Drop Everything &amp; "Circle Up"</li> <li>Content Development (question development for circles given to teachers)</li> <li>Data Collection &amp; Analysis</li> </ul>	<ul> <li>Student led circles</li> <li>Staff led circles</li> <li>ACPS staff expert trainers perform turnaround trainings</li> <li>Use Community Circles to strengthen relationships</li> <li>ACPS staff trained in Community Circles</li> <li>Train SST &amp; Administrators in Restorative Circles &amp; Conferences</li> <li>Repair harm across members of community</li> <li>Restore offender &amp; offended to reunite community</li> <li>Continuous program improvement (data analyses)</li> </ul>	<ul> <li>Decline in the number of discipline referralsand suspensions</li> <li>Increase in the number of positive student and staff relationships</li> <li>Increase of students' sense of be longing</li> <li>Increase in restorative practices strategies used within the Alexandria community</li> <li>Increase in job satisfaction among staff</li> <li>Positive impact on student performance and achievement</li> <li>Increase in leadership skills</li> <li>Decrease in disproportionality of suspensions</li> <li>Larger awareness of restorative practices within the Alexandria community</li> </ul>	<ul> <li>Decline in the number of discipline referrals and suspensions</li> <li>Increase in attendance rates and other KPIs</li> <li>Increase &amp; strengthening in collaboration among staff</li> <li>Increase in the use of Restorative Practices used throughout the Alexandria community (e.g., schools, houses of worship, NOVA)</li> <li>Becoming an exemplar site</li> </ul>	<ul> <li>Enhance ACPS culture</li> <li>Increase sense of be longing among all stake holders</li> <li>Increase student empowerment &amp; leadership</li> <li>Increase social – emotional skills among all stake holders</li> <li>SC's (e.g., college &amp; career readiness, increase in 21<sup>st</sup> century skills)</li> <li>Students exhibiting well rounde dness and strengths in multiple ways</li> <li>New ways of thinking</li> <li>Enhance community engagement</li> <li>Business growth</li> <li>Positive impact on households &amp; families</li> <li>Enhance cultural competency</li> </ul>

#### ASSUMPTIONS

- Suspensions are caused by underdeveloped social-emotional skills.
- We will have buy-in from all stake holders.
- A decrease in suspension numbers will affect disproportionality.
- Participants in this program will be engaged and active participants.
- Inputs (staffing, budget, technology).
- An increase in positive relationships and a sense of community among all stakeholders.
- An increase in internal capacity to implement Restorative Practices.

- **EXTERNAL FACTORS**
- Local, state , & federal mandates
- Leadership changes (Superintendent, School Board, Mayor)
- StaffTurnover
- Student population changes & growth
- Budget
- Tension between stakeholders
- Buy-in



#### www.acps.k12.va.us

#### Revised 4/10/18

### **RP Next Steps**

1. Continue collaborative work with the ACPS Department of Accountability to further develop the RP Implementation Plan to include growth sustainability and evaluation systems.

2. Expand RP to  $8^{\rm th}$  grade at the middle schools and K-8 program for the 2018-19 SY .

3. Continue current implementation of RP at the King Street and Minnie Howard Campuses of T.C. Williams High School and identify opportunities for expansion.

4. Provide RP training to ACPS staff, students and other stakeholders in community circles and other RP tiers of support .

5. Analyze survey data including TELL, MYCAP, and ACPS 2020 to identify trends and areas of need, related to school climate and culture.

## Restorative Practices SY 15-16 & 16-17

**Significant reduction in out of school suspensions** (OSS) last year

**ACPS-** 988 total OSS for the 2015-16 SY 597 total OSS for the 2016-17 SY

**T.C. Williams-** 400 total OSS for the 2015-16 SY 169 total OSS for the 2016-17 SY

This decrease corresponds with ACPS' focus on the use of RP and other alternatives to suspension.



# Restorative Practices SY 15-16 & 16-17

#### Middle School OSS data

Represented 60% of ACPS OSS suspensions (359)

#### **Disproportionality issues remain**

- Black students received over 50% of OSS despite being 29% of the ACPS student population
- Overall suspension ratios including in-school and OSS
  - 1 out of 8 Black students
  - 1 out of 25 Latino/Latina students
  - 1 out of 17 White students



## **Preliminary Data through Quarter 2**

- Decrease in OSS at elementary and middle school levels.
- Decrease in OSS high school total from SY 15-16 to 16-17.
- Increase in OSS high school total for SY 17-18.

Revised 4/10/18

<b>^</b> , , ,	Numb	Number of Suspensions						
School	2015-16 <sup>2</sup>	2016-17 <sup>3</sup>	2017-184					
John Adams Elementary School	15	10	0					
Charles Barrett Elementary School	1	3	3					
Patrick Henry Elementary School	0	1	2					
Jefferson-Houston School (Grades K-5)	9	0	1					
Cora Kelly School for Math Science and Tech	3	1	4					
Lyles-Crouch Traditional Academy	1	0	0					
Douglas MacArthur Elementary School	0	0	1					
George Mason Elementary School	0	0	2					
Matthew Maury Elementary School	2	7	0					
Mount Vernon Community School	3	5	6					
James K. Polk Elementary School	2	2	5					
William Ramsay Elementary School	0	3	0					
Samuel Tucker Elementary School	1	3	5					
Elementary School Total	37	35	29					
Jefferson-Houston School (Grades 6-8)	8	0	3					
Francis C. Hammond Middle School	100	100	62					
George Washington Middle School	128	68	69					
Middle School Total	236	168	134					
T.C. Williams - Minnie Howard Campus	44	12	38					
T.C. Williams High School	156	26	97					
High School Total	200	38	135					
Chance for Change	0	19	18					
Other Total	0	19	18					
Division Total	473	260	316					

 Suspensions reported include short-term and long-term suspensions per entered sanction codes "02" and ...03" only as of report date.

2. 2015-16 discipline data refers to data as of 08-Feb-16.

2016-17 discipline data refers to data as of 02-Feb-17.

2017-18 discipline data refers to data as of 02-Feb-18. Suspensions reported include short-term and 3 long-term suspensions per entered sanction codes "02" and "03".

## **Preliminary Data through Quarter 2**

	Percentage of Suspensions within Subgroup by Educational Level SY 2016-17 <sup>1</sup> & Q2 2017-18 <sup>2</sup>																	
School	]	Black H	ema	les		Black	Males Hispanic Males Students Disabil					Total Suspensions						
Level	<u>2016-17</u>		2017-18		2016-17		<u>2017-18</u>		<u>2016-17</u>		<u>2017-18</u>		2016-17		<u>2017-18</u>		<u>2016-17</u>	<u>2017-18</u>
	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	n
Elementary	1	3%	1	3%	17	49%	18	62%	8	23%	2	7%	7	20%	16	55%	35	29
Middle	29	17%	14	10%	59	35%	38	28%	43	26%	40	30%	54	32%	38	28%	168	134
High	6	16%	5	4%	14	37%	31	23%	10	26%	59	44%	16	42%	26	19%	38	135
Other	3	16%	2	11%	10	53%	6	33%	6	32%	2	11%	5	26%	3	17%	19	18
Division	39	15%	22	7%	100	38%	93	29%	67	26%	103	33%	82	32%	83	26%	260	316

1. 2016-17 discipline data refers to data as of 02-Feb-17.

 2017-18 discipline data refers to data as of 02-Feb-18. Suspensions reported include short-term and long-term suspensions per entered sanction codes "02" and "03".

3. ACPS enrollment of the aforementioned subgroups is as follows: Black females, 14%; Black males, 14%; Hispanic males, 20%; and Students with Disabilities, 10% (VDOE, September 30, 2017).



# **Preliminary Data through Quarter 2**

- Significant decrease in OSS for subjective offenses.
- Increase in use of OSS for more serious offenses.

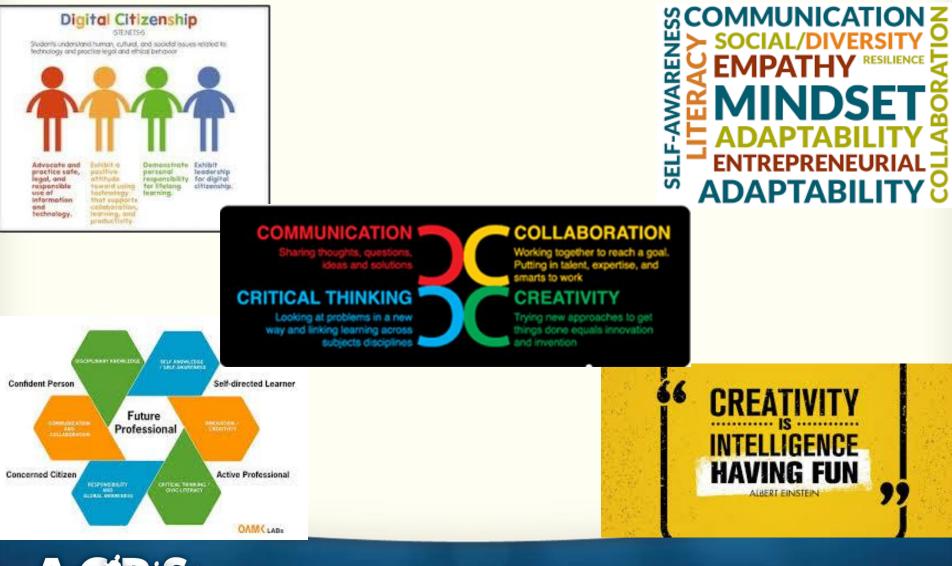
Revised 4/10/18

Short & Long Term Suspensions Reasons <sup>1</sup> for						
Summer Deserv	SY 201	6-2017	Q2 2017-2018			
Suspension Reason	n	%	n	%		
Attendance	12	2%	4	1%		
Bullying	18	3%	4	1%		
Disorderly Conduct	234	36%	75	24%		
Extortion	2	0%	2	1%		
Harassment	7	1%	2	1%		
Other Violations	29	4%	7	2%		
Sexual Offenses	14	2%	4	1%		
Technology Violations	9	1%	4	1%		
Theft	9	1%	6	2%		
Threats/Verbal/Physical	12	2%	8	3%		
Trespassing	3	0%	2	1%		
Non-Violent Total	349	54%	118	37%		
Alcohol	2	0%	0	0%		
Arson	1	0%	0	0%		
Assault/Battery	57	9%	26	8%		
Bomb Threat/Terrorist/Chemical/Biological	2	0%	3	1%		
Drugs	28	4%	12	4%		
Fighting/Conflict	181	28%	145	46%		
Gang Activity	0	0%	0	0%		
Inciting a Riot	1	0%	0	0%		
Other-Violence	3	0%	4	1%		
Tobacco	7	1%	1	0%		
Vandalism	1	0%	0	0%		
Weapons	16	2%	7	2%		
Serious/Violent Total	299	46%	198	63%		
Division Total	648	100%	316	100%		

1. A cursory review of primary incident codes and log entry text indicate that conflicting data may exist requiring a more thorough review of these discipline records.

2. 2017-18 discipline data refers to data as of 02-Feb-18. Suspensions reported include short-term 25 and long-term suspensions per entered sanction codes "02" and "03".

# **Building 21<sup>st</sup> Century Skills**



#### AICIPISA Alexandria City Public Schools

#### www.acps.k12.va.us

### **Questions?**

#### Department of Student Services, Alternative Programs & Equity 703-619-8034

Sheri James, PBIS Coordinator

sheri.james@acps.k12.va.us

Gregory Baldwin, School Climate and Culture Specialist gbaldwin@acps.k12.va.us



Revised 4/10/18

#### **Every Student Succeeds**



**Interim Superintendent** Dr. Lois F. Berlin **School Board** Ramee A. Gentry, *Chair* Cindy Anderson, *Vice Chair*  Ronnie Campbell William E. Campbell Hal E. Cardwell Karen A. Graf Christopher J. Lewis Margaret Lorber Veronica Nolan