Parent Resource Center Report to SEAC October 22, 2015

The following is a summary of Parent Resource Center activity for the month of October, 2015.

I. PRC Contacts:

- **A.** For PRC data recording purposes, a "contact" is communication **initiated** by a parent, staff member or community member with the PRC, either by phone, email or in-person meeting.
- **B.** To date, 96 people have contacted the PRC in October.

C. Comparison of PRC use for 2013-2014, 2014-2015 and 2015-2016 School Years

MONTH	2013-2014	2014-2015	2015-2016
August	6	15	49
	(PRC opened 8/19)	(PRC opened 8/15)	(PRC opened 8/21)
		Includes data from	Includes data from
		summer	summer
September	16	78	139
October	18	108	
November	12	124	
December	28	63	
January	79	189	
February	60	102	
March	61	112	
April	79	91	
May	79	100	
June	46	114	
	(PRC closed for summer	(PRC closed for summer	
	6/23)	6/22)	
TOTALS	484	1096	
Percentage Change		+126.4%	

- **D.** Top disability areas for September: ASD (27), ADHD (11), ID (10).
- **E.** Top reasons for contacting PRC in September: Use of and questions about PRC resources and services (30), workshop registrations/requests for info (23), community resources (21), questions/info about IEPs/IEP process (13), information on support groups (12).

II. Family Engagement Workshop Series:

- A. The first workshop in the Family Engagement Workshop Series for 2015-2016, Fidgety, Forgetful and Unfocused: How to Help Your Child Focus and Finish, was held on October 7 at 7:00 p.m. in the auditorium of Minnie Howard. The workshop was a collaborative venture between the Alexandria and Arlington PRCs. A handful of people registered through the Parent Resource Center, but many registered directly through the speaker's website. The majority of registrations went through the FACE Center, which also provided pizza and childcare to ACPS families. A total of 114 people attended the workshop. The high number of attendees probably reflects the general, non-disability specific nature of the workshop topic, the reputation of the speaker, and the collaborative nature of the event with Arlington.
- **B.** The next workshop in the Family Engagement Series, *Building Flexibility and Resilience in Children and Teens with Autism Spectrum Disorders*, will be presented on November 4 by Lauren Kenworthy, Ph.D., Director of the Center for Autism Spectrum Disorders, Children's National Medical Center, Washington, D.C., and co-author of *Unstuck and On Target: an Executive Function Curriculum*.
- **C.** The Family Engagement Series brochure has been distributed to case managers, guidance counselors, social workers and administrators for dissemination to parents of children with disabilities. Every school has received versions of the brochure in English, Spanish, Arabic and Amharic.

III. Raising Awareness of PRC/Community Outreach

- A. 9/30/15 PRC participation in meeting at Kathy Wilson Foundation on early childhood screenings. Resulted in networking with agencies such as Center for Alexandria's Children, Alexandria PIE, etc. (JGR, CPD);
- B. 9/30/15 FACE Center event at Chirilagua, Navigating the Schools (JGR);
- C. Meetings with lead special education teachers about services of PRC:
 - a. 10/1/15-Charles Barrett (CPD);
 - b. 10/5/15-Hammond 7th Grade (CPD, JGR);
 - c. 10/5/15-Ramsay (CPD, JGR);
 - d. 10/6/15-Mt. Vernon-Keil (CPD, JGR);
 - e. 10/6/15-Hammond 6th and academic principal (CPD);
 - f. 10/6/15-George Mason (CPD);
 - g. 10/6/15-Hammond special ed staff meeting (JGR);
 - h. 10/7/15-GW 6th Grade (CPD, JGR);
 - i. 10/9/15-TCW (CPD, JGR);
 - j. 10/13/15-Tucker (CPD, JGR);

- k. 10/13/15-Polk (CPD, JGR);
- I. 10/15/15-GW 8th Grade (CPD, JGR)
- m. 10/15/15-Patrick Henry (CPD)
- n. 10/16/15-Mt. Vernon-Mauro (CPD, JGR)
- o. 10/19/15-John Adams (JGR)
- p. 10/19/15-Jefferson Houston-special ed staff meeting (CPD)
- D. 10/6/15 FACE Center event at Ruby Tucker Rec Center (ARHA), *Navigating the Schools* (JGR);
- E. 10/8/15-meeting with Susan Keitley of Kathy Wilson Foundation re building connections with Amharic speaking community. (CPD, JGR);
- F. 10/8/15-presentation to meeting of lead SPED teachers from all schools about PRC (CPD, JGR);
- G. 10/12/15-presentation to meeting of school parent liaisons about the PRC (JGR, CPD);
- H. 10/13/15-meeting with Melissa House, Cross Cultural Broker, VCU Center for Family Involvement, specialist in meeting the needs of children with disabilities from refugee families (CPD, JGR);
- I. 10/20/15 meeting with Nathan Goldstein re filming of workshops for wider distribution to parents (CPD, JGR);
- J. 10/22/15 participation in Mt. Vernon parent group (JGR, CPD);
- K. Upcoming: 10/26/15 brief presentation to George Mason PTA meeting on services of PRC;
- L. Upcoming: 10/28/15 *Understanding the IEP Process* presentation to Ruby Tucker Rec Center families at ARHA;
- M. Upcoming: 11/9/15 presentation to Early Childhood Division staff meeting, City of Alexandria Department of Community Services;
- N. Upcoming: 11/11/15 brief presentation to John Adams PTA meeting on services of PRC;
- O. Upcoming: 11/11/15 presentation to PTAC on services of PRC.

IV. Support Groups

- A. Oct. 6-support group for parents of preschoolers receiving special education services: four patents attended.
- B. October 14-support group for parents of in the citywide autism classes: two parents attended.
- C. PRC staff plan to survey parents to gauge interest in formation of a new support group for parents of students with emotional/behavioral challenges.

V. Library Use

To date, 14 books have been borrowed from the PRC library this school year.