

Date: July 13, 2018
For ACTION _____
For INFORMATION X_____
Board Agenda: Yes ___
No X_____

FROM: Julie A. Crawford, Ed.D., Chief Student Services Officer

THROUGH: Gregory C. Hutchings, Jr., Ed.D., Superintendent of Schools

TO: The Honorable Ramee Gentry, Chair, and
Members of the Alexandria City School Board

TOPIC: Kindergarten BMI Surveillance 2017-18 Report

SUMMARY:

In 2014, ACPS including the School Health Advisory Board, Alexandria Health Department (AHD) and the Partnership for a Healthier Alexandria began the body mass index (BMI) surveillance work in to assess the wellness of our students in order to provide appropriate services through the schools and city. This BMI work supports ACPS 2020, specifically Goal 5 Health and Wellness, and also aligns with the Alexandria Children and Youth Master Plan and the Alexandria Community Health Improvement Plan.

Data for this report is obtained from required school health information provided at the time of school enrollment. This data is disaggregated by student demographics and geographic locations within the City of Alexandria including race, ethnicity, zip code, school, date of birth and date of examination as well as height and weight for calculation of a BMI for each child. ACPS school health services staff compiles the student information and removes any personally identifiable information before sharing the data with the AHD. Each student is assigned an anonymous identity number. The AHD calculates the BMI and analyzes the findings, which are presented in this report.

FINDINGS:

For the 2017-18 school year, 17.1% of 2017 incoming ACPS kindergarteners were obese and an additional 12.4% were overweight. The highest rate of obese or overweight kindergarteners was found in Hispanic youth (41.0%); in kindergarteners residing in zip codes 22312 (37.2%), 22311 (34.5%) and 22305 (34.2%); and in kindergarteners attending Cora Kelly (55.0%), Patrick Henry (36.1%), William Ramsay (35.8%) and John Adams (35.4%) elementary schools. These results are not statistically significant in differing from previous years.

RECOMMENDATION:

The Superintendent recommends that the School Board review the Kindergarten BMI Surveillance 2017-18 Report.

IMPACT:

By reviewing the Kindergarten BMI Surveillance 2017-18, the School Board continues its commitment to supporting the ACPS 2020 Goal 5 work on health and wellness of ACPS students.

ATTACHMENTS:

Kindergarten BMI Surveillance 2017-18

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