

## Information on the 2022 Athletic Hall of Fame Nominees

### DeArcey “Dee” Campbell—1944 GWHS Alumni and Girls Crew Coach from 1975-2005

- Played Basketball/Football at GWHS
- Basketball team won NV Championship, 2<sup>nd</sup> in DC Championship, 2<sup>nd</sup> in State championship
- Began as Volunteer Assistant Coach at FCHHS and then named TCW Asst. Coach in 1972
- Head coach for Girls Crew Program
- Stotesbury Cup wins—first win in 1975, won 4 additional Stotesbury Cups
- Won 9 National Championships from 1980-90
- Best Crew Program in the Eastern US under Coach Campbell
- 1997 Girls Crew Team was undefeated—was the only team to win the Stotesbury Cup, the National Championship, the Canadian National Championship in the same season
- 1998 Crew team won the Canadian National Championship and accepted an invite to England’s prestigious Henley Regatta
- From 1990-2000 the Girls Crew team was ranked either #1 or #2 in North America
- Outstanding crew team members included Linda Miller, Charlotte Hollings, Stephanie Sandoz
- Received Special Recognition Award from Alexandria Sportsman’s Club in 1997 for crew championship
- Received Coach of the Year Award from Alexandria Sportsman’s Club in 1992.
- Named All-Met Crew Coach by Washington Post in 1992 and 1993
- Named Coach of Year in 1996 by Washington Post

### 1945 GWHS Basketball Team

- State Champions in 1945 (only time for GWHS in basketball)
- Led by Coach Rasty Duran
- Defeated Salem in the Semi-finals, then Thomas Jefferson (Richmond) to reach the State Championship.
- Score 44-38
- Included top athletes such as Huck Thomas, All-Met guard Buzzy Brown, Dave Rice, Booty Partlow, Simms and Johnson

### 1977 TCW Boys Basketball Team

- 1977 District, Regional and State Champions
- #1 Ranked Boys Basketball Team - Washington Post
- Listed as one of the 10 Greatest High School Basketball Teams of All Time
- 1977 team finished the year 28-0
- Only team to score over 90 points in a AAA state championship game (95 pts.)
- Named best team of all time by Jim Harris
- Coached by Mike Hynson
- Top Player Craig Harris (all-state)
- Ranks as Virginia’s Best team
- Defeated William Fleming 95-63 in state finals
- Averaged 84 points per game

- First State Championship since 1945 GWHS team won the title
- Many of the team members went on to play in college
- Players Craig Harris, George Richardson and Willie Jackson averaged more than 15 points per game
- Michael Nelson, Arthur Varnado, \*Willie Jackson, Willie Miller, Reggie Davidson, \*Anthony Young, Frank Holloway, Mike Daniels, Clarence Grimes, Albert Holloway, Craig Harris, George Richardson, Coach Mike Hynson, Coach Paul Hines
- (\*=deceased)

#### **Robert Garda—GWHS 1957, Football, Basketball, Track**

- Earned 9 varsity letters
- Football--Northern Virginia Champions in 1954 and 1955
- All-State and All-Met Football 1956
- Basketball—3 Northern Virginia Championship teams
- All-State and All-Met Basketball 1957
- 2<sup>nd</sup> in State in Low hurdles 1957
- Co-Captain of Track team
- Honor roll student, elected to Quill and Palm, National Honor Society, Student Council, Class President Jr and Sr years, played clarinet in the band
- Co-Valedictorian of 1957 GWHS Class
- GWHS Dinky Scott Award (1955) for Most Outstanding Player in the first game of the season
- Inducted into the Alexandria Sportsman's Club Hall of Fame in 2008
- Inducted in GWHS Hall of Fame
- Full Scholarship for Football to Duke University (1957-61); Starter on victorious 1961 Cotton bowl team
- At Duke he earned a BS in Electrical Engineering in 1961, graduated Phi Beta Kappa, president of the Junior and Senior Engineering Class, received the Hamilton Watch Award for Outstanding Undergraduate Engineer
- In 1963 earned an MBA from the Harvard Business School
- Worked for Aladdin Industries, Greater Cleveland Regional Transit Authority and then McKinsey & Company where he published over a dozen marketing articles on pricing, sales force management, market segmentation, channel strategy, product development, etc.; Executive in Residence and Marketing Faculty Member at the Fuqua Graduate School of Business at Duke University
- Duke Engineering 1990 Distinguished Alumnus Award; Outstanding Duke Engineering Alumni in 1986, Charles A. Dukes Award for Outstanding Volunteer Service to Duke University in 1997

#### **Joe Hensley—1944 GWHS Basketball**

- 1943 became the 2<sup>nd</sup> highest scoring basketball player in the US with 486 pts in his junior year
- 20.2 pts per game established a new GWHS record
- Led Northern Virginia and State in scoring
- Team had a successful season of 21-3 his junior year; 21-7 his senior year

- Made it to the Metro DC Championship game and the State Semi-finals but lost both of those and finished 3<sup>rd</sup> in the state after beating James Monroe 52-28
- Named first team all-Met and All-State two years in a row
- Selected “Outstanding Player” in the Metro DC Tournament
- Team Captain
- Other Sports: pass receiver on Varsity Football team, star pitcher and first baseman on Varsity Baseball team, high jumper on the track team
- 4-sport Letterman
- Played basketball for American University
- Alexandria Sportsman’s Club Civic Award Recipient 1984
- Alexandria sportsman’s Club Hall of Fame Award in 1991
- Worked for Alexandria Recreation Department

### **Bobby Jones—1949 GWHS Track**

- 1948 and 1949—lead track team to Virginia State Championships and Southern Conference championship in Raleigh NC
- Undefeated in Cross County his senior year
- Set two national records in HS:
  - National School Boy Indoor Mile champion at Madison Square Garden while setting a new record time of 4:26 and the National Indoor Half-Mile Champion
  - Won the 1000-yard race at the Southern Conference Championship while setting a new record time of 2:17.5
- Won a track scholarship to NC State then transferred to GA Tech where he competed in Southeast Conference meets.
- Joined Marine Corps after college where he trained for the 1956 Olympic Games
- Served in US Navy for 30 years retiring as a Commander; earned the Bronze Star
- 2008 was inducted into the Alexandria Sportsman’s Hall of Fame
- Died November 29, 2016

### **Naomi Lewis Brooks—1951-Parker Gray HS--Basketball**

- Played center
- Parker-Gray played against other colored high schools
- Scored 22 pts in one game which remained the highest scoring record at Parker-Gray until the school closed in 1965
- Played field hockey, volleyball and captain ball (a ball-passing game)
- While in HS she also played on the Oakland Baptist Church team where she brought home the first place trophy
- Graduated from Virginia State College with a degree in Elementary educations
- Taught at Charles Houston Elementary School and Cora Kelly Elementary in Alexandria, Lynbrook elementary in Fairfax County, as well as numerous secondary and collegiate levels while on military relocations
- ACPS School named after Ms. Brooks

- Ms. Brooks died on May 21, 2020

### **Shirley Marshall Lee—1956 Parker-Gray—Scuba Diving**

- Athlete in swimming, soccer, baseball, cheerleading
- Began Diving in 1959
- Became a charter member of the National Association of Black Scuba Divers (NABS)
- Made over 1000 dives
- Won national and international awards in diving for over 40 years
- In 1993 she helped to put a 2700 lb memorial at the wreckage site of the Henrietta Marie, a slave ship which sunk off the southern tip of Florida
- Joined Diving with a Purpose (DWP), a group of African American divers who find and document slave wrecks in collaboration with GWU and the NMAAHC
- Inducted into the NABS Hall of Fame in 2009
- Inducted into the Alexandria African American Hall of Fame in 2012

### **Doug Yates—1955 GWHS—Basketball, Track**

- Selected All-Met and All-State as a Junior and Senior
- Averaged 20 pts per game
- Northern Virginia championships, the Metro DC Championships, semi finals in State Championship game
  - 20 pts per game, led in rebounding
  - Selected to two All-Tournament teams
- 15-5 team record during his senior year of play
- Virginia's 2<sup>nd</sup> leading scorer at 20 pts per game
- Selected to All-Met, All-State, and All-Tournament teams his Sr. Year
- Was a member of the track team on GWs record setting 2 mile and 4 mile relay teams at the Alexandria Memorial Relays
- Honor roll student, elected to the Quill & Palm Honor society, Vice President of Junior Class, and member of the Student Council
- Full Scholarship to Vanderbilt in Basketball
- 1999 selected by Alexandria Sportsman's Club as one of Alexandria's 100 Greatest athletes

### **Fred Borchelt—1972 TCW Crew**

- 4 year Crew Team member
- Varsity 8 Crew Junior and Sr. years
- Won the Northern Virginia championship
- Member of Junior National Rowing team that competed at the Junior World Rowing Championships in the Summer of 1971 and 1972 (along with Chip Lubsen)
- Ranked 5<sup>th</sup> in 1972 Junior World Record Championship
- Member of 3 US Olympic rowing teams—
  - 1976 in Montreal—finishing 11th
  - 1980 in Moscow—did not compete due to US Boycott of the Olympics
  - 1984 in Los Angeles—silver medal in the 8 oared crew

- Won the prestigious Henley Royal Regatta twice
  - 1975 w Chip Lubsen and brother Mark in the Stewards Challenge Cup for fours
  - 1980 w brother Mark in the Silver Goblets and Nickall's Challenge Cup for pairs,
- Member of the US National Rowing Team 7 times
  - 1975 (spare); 1977; 1978 finished 6<sup>th</sup>; 1979 bronze medal (with Mark and Chris Wells TCW 1972); 1981 Silver medal, 1982 bronze medal and 1983 finished 7<sup>th</sup>
- Member of the Rutgers University Varsity Rowing Team from 1972-76
- Inducted into the Rutgers Athletic Hall of Fame in 1996

#### **Yolanda Brown—1994 TCW Track and Field**

- Named Honorable Mention in Indoor Track in both the Hurdles and Long Jump
- As a senior won the Indoor State Championship in the Long jump with a leap of 18'9"
- Northern District Winter Championships for long jump from 1991-1994 and for the triple jump in 1991 and 1994
- 1993-1994 All Met Girls Indoor Team
  - Finished 2<sup>nd</sup> in the 55M hurdles with a time of 8.31 seconds
- 1993 State Champion 55m Hurdles 8.78
- 1993 Northern Regional Champion in 55m hurdles
- 1993 Northern District Champion in long jump
- 1994 State Champion 55m hurdles 8.51
- 1994 Northern Regional Champion in 55m hurdles
- 1994 Northern Regional Champion in long jump
- 1994 Northern Regional Champion in 400x400 relay
- 1994 Northern District Champion in hurdles
- 1993 4x200m Relay champion w/ Tara Rodgers, Jessica Ward, Nicole Dickins, 1:48.50
- 1992 4x200m relay state champion w Jessica Ward, Darcey Singer, Kelly Mercer, 4:08.57
- Named Honorable Mention All-Met in Outdoor Track in Senior Year

#### **Lisa Diggs-Moore—1981 TCW—Track**

- District and Regional Champion in Hurdles, relays and sprints for both Indoor and outdoor seasons
- 1980 4x100m relay State Champion Team 1:44.6 (Angela Russell, Joyce Thompson, Maurisette Thomas)
- 1981 4x100m relay state Champion Team 49.5 (Veda Nicely, Michelle Sampson, Angela Russell)
- Recruited by Penn State, Univ. of Tennessee, Marquette University, Stanford, and others
- Team Captain in 1979 and 1980
- Named TCW Most Valuable Player in Track and Field in 1979
- First woman track/field athlete to receive a scholarship
- Attended JMU where she set records in hurdles for both indoor and outdoor seasons 1981-1984
- Ended career as a Heptathlete
- Board Member of the Vickie Belk Scholarship Committee at Oakland Baptist Church, Member of the James Madison University's Ole School Scholarship Fund and Advisory Council of the African, African American and Diaspora Studies

### **Sherri Funn—1978 TC Williams HS—Track**

- MVP Sprinter at TCW 1976-1978
- Ran 100m, 200m and 400m dashes, 800m relay, 1 mile relay
- 1978 District Champion 100 yd dash in 11.1
- 1978 District Champion 440 yd relay in 50.4
- Attended GMU
  - Broke Collegiate US Record in the 60 meter dash (7.28) at the Virginia Tech-Moving Comfort Invitational; Won Outstanding performer award
  - First female All-American Athlete for GMU
  - Named All-American Sprinter two consecutive years
  - Navy Invitational—Broke 400 record by over 3 seconds at 56.1; 55m dash at 6.9 seconds
  - Set an unofficial US record in the 60 m dash
  - Won Princeton Relays 55m 7.07
  - Virginia AIAW State Champion for 55m
  - Mason Dixon Conference Sprint Title
  - Holds GMU 55m dash record in 1982 at 6.84
  - Holds GMU 60 m dash record in 1981 at 7.28
- Alexandria Olympic Boys' Club Achievement Award for her achievements in sports
- In 1991, received George Mason Athletic Hall of Fame award in Sprinting from 1980-82

### **Kathy James Lorton----2000 TCW—Cheerleading**

- Cheered for 4 years at T.C. Williams High School on Freshman, Junior Varsity and Varsity teams
- Was on the T.C. Williams High School Competition Special Team
- Team Captain while on Junior Varsity team
- Won the Spirit Award while on the Junior Varsity and Varsity Teams
- She was an academically sound student with a strong GPA
- Senior Class Treasurer
- Cheered at the College Level at West Virginia University
- Coached for Alexandria City Recreation League at William Ramsay
- TC Williams Freshman Cheerleading Coach for Basketball and Football Seasons
- TC Williams JV Cheerleading Coach for Basketball and Football Seasons (2006-2007)
- Started, recruited and choreographed the TCW specialty performance squad (2006)
- Highest ranking judge for the City of Alexandria's cheerleading competition and exhibition events
- Lead instructor and choreographer for annual Cheer Alumni Homecoming performance and/or alumni game
- First and only (ACPS) cheerleader to cheer professionally for the National Football League
- Worked for Baltimore Ravens 2015 and 2016 where she earned the Top Counselor Award and nationally recognized Spirit Award
- Worked for Major Arena Soccer League—9-time world champions Baltimore Blast in 2014-2015 where she was recognized as the Rookie of the Year

- Volunteers for American Red Cross, Woodbine Nursing Home, Lupus Foundation, Department of Defense Family Welfare, Morale, Recreation Command (FMWRC), Walter Reed National Naval Medical Center (WRNNMC)
- Member of Alfred Street Baptist Church, NFL Alumni Organization, Baltimore Ravens Cheerleaders, Project Management Institute, National Associate of Military Comptroller
- Partnered and worked for the US Department of Veteran Affairs and Ronald McDonald House Charities
- Co-CEO of Generation Cheer and Dance, an Alexandria-based business

#### **John Johnson—1973 TCW--Track/Field**

- Three-time Virginia State Champion in high/low hurdles, 1972-1973
- 2<sup>nd</sup> place finisher in state championship high hurdles 1973
- 1972--180 yd and 120 yd State record holder in High Hurdles;
- 1972 TCW Outdoor Track Record Holder in 110 m High Hurdles 13.8
- 1972 TCW Indoor Track Record Holder in 55m High Hurdles 7.1
- 1973—60 yd State record holder in High Hurdles
- 1973 Alexandria Sportsman designation as top track athlete
- 1973 District Champion high hurdles
- 1973 District Champion in mile relay
- National indoor 50 yd high hurdle record at 6.1 secs; tied national 50 yd low hurdle at 5.9 secs.
- Fasted time high hurdle records of 13.6
- Held meet records at the Chesterfield Invitational, the Northern Virginia Invitational at Episcopal, and the Gunston District Indoor meet
- Football: Most valuable special teams player on 1976 football team
  - Played senior and sophomore years as a wide receiver
- Full Track scholarship to university of Tennessee
- 1974 NCAA Track and Field team champions
- Four-year Southeastern University letterman
- 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> in SEC Championship meets 1973-77
- Shuttle hurdles Penn Relay Champion 1977

#### **Rodney Johnson—1997 TCW Track/field**

- 1997 TCW Outdoor Record for Shot Put 65'3/4"
- 1997 TCW Indoor Record for Shot Put—62'1"
- Held the TC Invitational Meet record in Shot put from 1997-2016 at 60'6.75"
- 1997 VHSL State Champion and State Record Holder with a throw of 65'0.75". Record stood for 14 years.
- 1996 VHSL State Championship Meet—54'9"
- Patriot District Record Holder in the shot put
- Northern Region Record Holder in the shot put
- 1997 Penn Relay Runner-up in the shot put
- 1997 Washington Post All-Met Selection for Outdoor Track and Field
- T.C. Williams Indoor and Outdoor Record Holder for shot put

- 4 year Varsity Starter for T.C. Williams Football Team
- Hampton University
  - Holds Hampton University Record in Shot Put—17.52 meters
  - 2000 MEAC Conference Champion in Shot Put for Hampton University
  - 2000 MEAC Conference Record Holder in Shot Put for Hampton University
  - 1998 USA Track and Field Junior All American as a Freshman at Hampton University
  - Member of the 1999 Conference Outdoor and 2000 Indoor Track and Field MEAC Conference Championship Teams for Hampton University
  - 1998 MEAC Conference Football Championship Team Member as a Defensive Tackle for Hampton University
- Coached 12 VHSL Track and Field State Champions in throwing events at TC Williams
- Coached 2 High School All-Americans

### **Anne “Missy” Kilpatrick Lorio—1991 TCW—Track**

- Made Varsity Soccer team her freshman year and then began Track in her Sophomore year
- Member of Varsity Indoor, Varsity Outdoor, and Varsity Cross Country teams
- Medaled at the District, Regional and State Indoor Track Tournaments in the 1000m as a sophomore (1988-89)
- Also ran Indoor track 4x400m relay and 4x800 m relay in Indoor Track
- Was invited to participate in the National Track/Field Championships for that same year
- Joined Outdoor Track team and ran 800m, 4x400m relay and 4x800 m relay
- Fastest 800m time was 2:14, fastest 400m leg was 57 secs.
- 1990 Honorable Mention All-Met as Middle-Distance Runner in Indoor Track
- 1991 Honorable Mention Distance Runner in Outdoor Track
- Team won Women’s Indoor State Championship Meet her senior year with just 5 individuals participating in the meet
- Team captain of Varsity Indoor and Outdoor teams her senior year
- Track Accomplishments:
  - Sr. Year: 2<sup>nd</sup> place in 1000m at Virginia Indoor State T/F Championship Meet
  - 2<sup>nd</sup> place in 4x400 at Virginia Indoor State T/F Championship Meet
  - 1<sup>st</sup> place in 4x800 at Virginia Indoor State T/F Championship Meet
  - 2<sup>nd</sup> place in 800m at Virginia Outdoor State T/F Championship Meet
  - 1<sup>st</sup> place in 4x800 at Virginia Outdoor State T/F Championship Meet
  - 2<sup>nd</sup> place in 4x400 at Virginia Outdoor State T/F Championship Meet
  - 3<sup>rd</sup> place in Indoor National T/F Championship Meeting (Syracuse, NY)
  - 3<sup>rd</sup> place Penn Relays in Championship of America finals
  - 4x800 team held TCW School Record from 1991-1999
- Attended UVA where she participated in Cross Country and Track for 2 years
- Graduated UVA in 1995. Earned Masters from Medical College of VA at VCU in Physical Therapy
- Currently works for Georgia State University as a Clinical Associate profession and Affiliate Faculty in the Gerontology Institute
- 1997 placed in top 50 finishers of the Marine Corps Marathon w a time of 3:20, has completed numerous marathons and ironman events



### **Josephus Lyles—TCW—2016--Track/Field**

- Sophomore year:
  - Won Virginia Outdoor State T/F Championships in 400m
  - US National Outdoor title in 400m
  - Earned Gold Medal in the 4x400m relay at the IAAF World U20 Championships
  - Youngest member of the relay team at 16
- Junior Year:
  - Virginia State Championship titles in 200m and 400m
  - Gold Medals in 400 and in both relays at the Caribbean Scholastic Championships in Havana Cuba
  - Won the National Under 18 title at 400m
  - Represented the USA at the IAAF World Under-18 Championships in Cali, Columbia
    - Won the Silver medal over 400m and the Bronze in the 200m
- Senior year:
  - Won the National High School title at 60 M
  - All-Met Athlete of the year by the Washington Post
  - Team Captain for Track team
  - Good student who excelled in AP Courses
- Turned Pro upon graduation in 2016
- Received a full-academic scholarship to University of Florida, however, did not attend
- Adidas sponsored athlete
- In 2017 Won silver medal over 400m at PanAm Junior Championships
- Ran a key leg on the USA 4x400m relay team setting a new under 20 World Record
- 2018 Qualified for his first senior US Championships final, taking sixth in the 400m
- In 2020 (during the pandemic)
  - won the 200m at the Drake Relays
  - Finished the year among the top-10 fastest men in the world at the 200m and 400m
- In 2021
  - Set new lifetime bests for the 100m and 200m
  - Earned a spot at the Wanda Diamond League Final over 200m where he finished 5<sup>th</sup>
- He is ranked #12 in the world at 23 years of age
- Co-Founder of The Lyles Brothers Sports Foundation, a 501c3 nonprofit created to enhance the mental and physical health and wellness of youth
  - Has donated over 100K in Adidas Sports attire to local high school athletic teams, including ACHS
  - Foundation supports and encouraged local youth on college preparation, athletic recruiting, nutrition and mental health awareness
  - Supports low-income families

### **Noah Lyles—2016 TCW—Track**

- In 2014
  - Youth Olympic Games Champion, 200m
- In 2015
  - Pan Am Junior Gold Medal Champion, 200m

- US Junior Gold Medal Champion, 100m and 200m
- 300m Indoor Virginia State High School Champion
- 200m Indoor Virginia State High School Champion
- US National High School 200m Indoor Record Holder
- In 2016
  - Captain of TCW Track Team
  - IAAF World U20 Gold Medal Champion for 100m and 4x100m in Poland
  - US National High School Record Holder 200m at 20.09, breaking the record set 31 years earlier
  - Finished 4<sup>th</sup> in the 200m at US Olympic Trials
  - Turned professional and signed endorsement with Adidas
- In 2017
  - Won first Senior title at the US Indoor Track and Field Championships (Albuquerque) in the over 300m
    - Broke the World Record with a Winning time of 31.87 set in 2006
  - IAAF Diamond League
    - Defeated the World Champion at 200m
- In 2018
  - US Championships in 100m with a lifetime best of 9.88 secs
  - Went undefeated in the 200m running a world-leading 19.65, breaking 19.7 three times
  - Named the 2018 Jesse Owens Award Winner for most outstanding track and field athlete of the year
- In 2019
  - Won IAAF Diamond League 100m (Shanghai) with a new lifetime best of 9.86 secs
  - 200m best improved to 19.50 making him the 4<sup>th</sup> fastest man in history
  - Won US Outdoor title over 200m
  - First man to win IAAF Diamond League titles at both 100m and 200m
  - Won gold and set a new American record in first 4x400 relay win in 12 years
  - World Champion in 200m
- In 2020 (during pandemic)
  - World's dominant 200m runner
  - Won all of his races
  - Fastest time in the world
- In 2021
  - Won the 200m at US Olympic Trials with a time of 19.76
  - Qualified for first Olympic Games
  - At Tokyo 2020 (in 2021), won the bronze medal in the 200m
  - At Prefontaine Classic, won the 200m in 19.52, the fastest time run in 2021 and the second fastest of his career
- Co-founder of Lyles Brothers Sports Foundation
- Sponsored by Adidas, Omega Watches, Coca cola, Xfinity and Intel

**Marie McKeon Zack—TCW 1983—Soccer/Field Hockey**

- Soccer

- 1979 JV MVP
- 1980 Varsity MVP and All-District Team'
- 1981 Varsity MVP, Team Captain, All-District Team
- 1982 Varsity MVP, Team Captain, All-District Team
- 1983 Varsity MVP, Team Captain, All-District Team
- All-time leading scorer with 34 goals
- Field Hockey
  - 1980 JV MVP
  - 1981 Varsity MVP
  - 1982 Varsity MVP, Journal Regional Player of the Year
- 1983 TCW Female Athlete of the Year
- Attend SUNY Cortland State University 1983-96
  - Division 1
  - Four Year varsity Soccer Player
  - SUNY AC All-Star Team—1984, 1985, 1986
  - College All American—1984, 1985, 1986
  - NCAA Division 1 Women's Soccer Final Four, falling in semi final
- TCW Coaching
  - JV Field Hockey 1992-1996
  - Varsity Girls Soccer 1993-1994
  - JV Girls Soccer 2015, 2016, 2017
- Played w Northern VA Majestics, and on over 40 team and Over 50 teams that have won national championships
- Raised 5 children or which 4 have been TCW soccer athletes earning all-district, all-state and all-met recognitions

#### **Barry Mountain—TCW 1979—Track/Field**

- 1979 Outdoor Season VHSL Group AAA State T/F Championships—440 yds
  - Finished 3<sup>rd</sup> with a time of 49.04
  - Hold TCW Record
- 1979 Distance Medley Relay record holder for TCW with a time of 10:15.4
  - That record still stands
  - Other runners on relay team--Mansy, Garcia, Stephens
- Attended Western Kentucky University on a full-ride scholarship
- Passed away in the 90s

#### **Stephanie O'Toole-Whalen-1990 TCW—Field Hockey, Basketball, Softball**

- 9-time varsity letter winner
- Selected to 1<sup>st</sup> and 2<sup>nd</sup> district teams in her sports
- Part of the first ever Softball team (1989) to win the district title
- 1990 was selected as TCW's Female Athlete of the Year
- 1990 was named Alexandria Sportsman's Club Softball Player of the Year
- 1990 selected to the Journal Newspapers All-Regional Team
- 1990 Academic Letter

- Attended Lycoming college
  - 2-sport athlete in Field Hockey and Softball—due to injury returned home
- While still pursuing her college degree, became Head Coach at JEB Stuart High School (1991-1994)—led to 1<sup>st</sup> regional field hockey appearance, and was named Head JV Softball coach at Yorktown high (1992-1994)
- Launched Bikes for Tikes to provide bikes to underprivileged children; Received Bikes for Tikes Volunteer Award in 2000
- WJLA Toyota Working woman of the Year Award in 2001
- AOL/Unilever Chief Everything Officer Award in 2006
- Volunteer coach and player director for the Lee-Mt Vernon Soccer Club
- Stephanie continues to be physically active having run 1 marathon, 21 half-marathons, and countless 5K races. She has been with her current company, Union Labor Life Insurance Company for 24 years, serving as a printing production assistant, has held numerous positions within the company over the years and took over as president in 2018. She frequently gives motivational speeches to women’s groups within her industry.

#### **Lydell Scott—TCW 1987—Football**

- Member, 1987 State Champion Football Team
- 1987 Regional and District Champion Team
- Running Back/tailback
- Washington Post Offensive player of the Year
- Virginia State Offensive Player of the Year
- As of Dec 11, 1987 article:
  - Out of 300 carries, only 3 fumbles
  - Run for 1868 yards
  - Scored 27 touchdowns
  - 3,022 yards Career Record
  - Rushed for more than 100 yards in each game (highest was 212 yds)
  - In 3 playoff games, gained 466 yards, scored seven times
- Listed as a top JUCO (junior college) level in 1988 Recruiting Rankings
- Attended Lynchburg College—
  - Played in 1988 East/West game

#### **Carl Turner—1974 TCW—Football/Basketball**

- Made GWHS Football team as an 8<sup>th</sup> Grader at PGHS as a running back, made more than 10 touchdowns
- Played JV as a sophomore, then Varsity on the 1971 team
- Junior Year, held record for most touchdowns in a game, and record of 21 touchdowns in a regular season. That record was held for 45 years and was broken in 2019
- On of 10 all-Met players selected to participate in the VA State all-star game
- Play 3 years varsity
- Voted Pre-All American
- Selected ot play in VA State All-Star East-West Game—Voted MVP of the Game

- Was leading scorer in the state in 1973
- TCW All-Time Scorer
- Basketball:
  - JV Basketball as a starter—team went undefeated
  - Joined varsity team as a 10<sup>th</sup> grader as the only sophomore
  - Selected as Defensive Player of the Team
  - Team was 21-0 for the season
  - Selected to All-District Team
  - Was voted All-District Player
  - Voted Most Athletic in Senior Year

#### **Ezra Whorley—1992 TCW Track and Field**

- All-Met Indoor and Outdoor Track 1991 and 1992
- All-District and
- All-Region in ‘91
- All-Met Indoor and Outdoor Track 1992
- All-District Indoor and Outdoor Track 1992
- All-Region Indoor and Outdoor Track 1992
- Holds TCW School Record Indoor for Triple Jump 48’9.5”
- Named to All-District First Team in Football (QB) in 1991
- Three-year Varsity Starter in Football as Quarterback
- Two-Time State Runner up in Triple Jump
- 1992 Scored 16 points to help TCW win the State championship
- Attended Blinn Jr. College in Brenham, TX
  - Awarded a football and track scholarship
  - NJCAA 1<sup>st</sup> Team All-American for Football unanimous
  - 1<sup>st</sup> Team All-Conference defensive Back Unanimous
- Transferred to Northwest Missouri State University
  - Named 1<sup>st</sup> Team All-Conference unanimous for 1994 and 1995 playing defensive back
  - Graduated with a BS in Sports and Exercise Science in 1996
- Played one season with the New England Sea Wolves ‘97” Arena Football League
- Is currently a Director at a Behavioral Treatment Facility and runs his own business: E-Fitness Personal Training

#### **Eryk Williamson—2015 TCW—Soccer**

- 3 year Varsity Team Member
- 2014 1<sup>st</sup> Team All-American
- 2014 VSHA Soccer State, Regional, and District Champion
- 2012 Patriot District Champion
- University of Maryland
  - 3 year member of the University of Maryland, College Park, MD Soccer Team
  - 2017 United Soccer Coaches Third Team All American
  - 2017 United Soccer Coaches All-Midwest Region Second Team
  - 2017 Big Ten Midfielder of the Year

- 2016 All-Big Ten First Team
- 2016 All-Big Ten Second Team
- USA U20 National Team member
- Now a member of the Portland Timbers in the MLS