

**ALEXANDRIA CITY PUBLIC SCHOOLS  
SCHOOL HEALTH ADVISORY BOARD  
MEETING MINUTES  
September 17, 2015  
4:00-5:00 pm  
Samuel W. Tucker E.S. Library**

**SHAB Member Attendees:** Candace Hill (Chair, parent/ACOAN), Anne Booth (ACPS), Wendy Donohue (parent), Angelica Garcia (AHD/TWC), Lisa Perry (parent/Nutritionist), Julie Rocchio (parent)

**Other Attendees:** Canek Aguirre (community/Anthem), Julie Crawford (ACPS), Mike Humphreys (ACPS), Barbara Nowak (ACPS), Olga Wright (ACPS)

**Call to Order**

Acting Chair Candace Hill opened the meeting with introductions. Barbara Nowak volunteered to be note-taker.

**Adoption of Meeting Agenda and Approval of Meeting Minutes**

The meeting agenda was reviewed and approved. The minutes of the June 18, 2015 meeting were reviewed and approved.

**Old Business and Action Items**

Candace Hill led a discussion reviewing the 2015-16 Scope of Work which included an update from Julie Rocchio on the Health Access Outreach Project:

- *School Health Access Outreach* – Julie Rocchio will continue to coordinate this project. Jennifer Tolbert is still volunteering to help with data analysis and document preparation to help identify uninsured students and enroll them in health care. A revised flyer has been created which was sent home in back to school packets. Jennifer will prepare another report around January once new federal insurance data are available. Julie and Jennifer will attend PTA and SST meetings to encourage enrollment outreach.
- *Oral Health* – Barbara Nowak described the WOW Bus project and discussed looking into precedent for conducting dental screening with vision and hearing.
- *Obesity* – Barbara Nowak reported that generic data to monitor BMI has been input for all kindergarteners from last year and will need to consider how to input data for next school year, possibly using student nurse volunteer.
- *Daily physical activity* – Candace Hill discussed a need to focus on increasing physical activity in the schools and an intention to review national best practices for doing so.
- *Movement incorporated into daily activities* – Michael Humphreys discussed new ideas for increasing activities during classroom time. Julie Rocchio summarized some recent Wellness Guidelines changes relating to increasing activity. Olga Wright highlighted programs occurring at Tucker E.S. to increase movement, such as walking Wednesdays

and fun runs. Barbara Nowak highlighted a new employee wellness initiative in place. Wendy Donohue discussed interest in a Walking School Bus initiative.

- *2020 Strategic Plan* –Michael Humphreys is working with PE teachers to implement some of the initiatives relating to safe routes to school, physical fitness awards and mental health.
- *School-Based Health* – SHAB will receive updates on WOW Bus, Teen Wellness Center and MAP clinics.
- *YRBS* – Data is in and will be released soon.
- *Family Life Education Curriculum* – Michael Humphreys is overseeing the development and implementation of the curriculum. Julie Rocchio suggested that SHAB simply needs to be assured implementation of the curriculum is going well.
- *Incorporation of the Health Data into ACPS dashboard* – Dr. Crawford will look at how to develop indicators for the dashboard.

### **New Business and Reports**

School Health Services Report – Barbara Nowak provided an update on Student Health services encounters for 2014-15.

Leadership – Candace Hill expressed an interest in serving as Chair, indicating that longtime Chair Rose Berler has decided to step down from that role. Julie nominated to Candace. Wendy seconded. Approval was unanimous.

Meetings – Candace proposed meeting bi-monthly, with extra meetings called if needed and the group agreed. SHAB members will be asked to take responsibility for Scope of Work goals.

### **Communications and Addresses to the Committee**

School Meals and Snacks Policy JHCH – Dr. Crawford advised that the School Board had questions about portions of this new policy, especially the ability to allow more time for lunch and to schedule all lunches mid-day. Julie Rocchio volunteered to work with Dr. Crawford to modify that language. The School Board also had concerns about provisions relating to fundraisers which SHAB members explained was in response to federal regulations presented by School Nutrition Services Director Cindy Hormel. Dr. Crawford will talk with Cindy Hormel about the federal requirements to better evaluate SHAB's recommendations.

ACPS Physician Consultant – Barbara Nowak announced Dr. Bregman's retirement as ACPS Physician Consultant which also ends his service on SHAB. Barbara requested recommendations for a new consultant, noting that applications are on the ACPS web site. Barbara suggested planning a reception for Dr. Bregman at his new residence. Wendy volunteered to look into that.

### **Future Business Dates**

11/19, 1/21, 3/17 & 5/19 at 4:00pm; location TBD

The meeting was adjourned at 5:15 pm.