

Date: June 21, 2018
For ACTION X
For INFORMATION
Board Agenda: Yes X
 No

FROM: Michael Humphreys, Health and Physical Education Instructional Specialist

THROUGH: Lois F. Berlin, Ed.D., Interim Superintendent of Schools
Terri H. Mozingo, Ed.D., Chief Academic Officer

TO: The Honorable Ramee A. Gentry, Chair, and
Members of the Alexandria City School Board

TOPIC: Title IV, Part A Student Support and Academic Enrichments Grant

SUMMARY

In March of 2018, ACPS staff began planning use of current Title IV, Part A grant funding to increase structured nutrition and physical education in the West End elementary schools. Implementation will begin in Fall 2018, and a large portion of funds will go towards professional development for ACPS teachers. The program will support academic enrichment through the following activities:

1. Sustained focus on students’ monitoring of their own heart rates (with recording and analysis of data integrated into Science, Technology, Engineering, and Math [STEM] lessons);
2. Sustained focus on students’ monitoring of their exercise regimen and its impact upon their sense of personal well-being (with recording of FitBit data to determine their patterns of exercise and its relationship to their psychological sense of well-being); and
3. Support for students to enhance their understanding of general nutrition while emphasizing fruit and vegetable intake (with STEM lessons to include the study of nutritional choices in each of the early learning grades and taste-testing activities).

BACKGROUND

Continued funds from this grant support the following ACPS 2020 Goal 5 (Health and Wellness) objectives:

- *5.3 Physical Fitness, Recreation, and Play*
ACPS will promote activities and curricula designed to promote lifelong commitments to active, healthy lifestyles among its students and to creative expression.
- *5.5 Healthy Meals and Nutrition*
ACPS will ensure that all students are ready to learn by having the benefit of access to nutritious, appealing school meals and that lessons on the importance of nutritious foods are included in the curriculum.

Further, the funding would offer sustainability and the possibility to expand into the additional West End Schools (i.e., Samuel Tucker and Ferdinand T. Day), as well as schools on the East End with higher Free and Reduced Meals (FARM) rates (i.e., Cora Kelly and Mt. Vernon).

This grant proposal would continue ACPS' current Title IV, Part A grant. The Virginia Department of Education (VDOE) has informed ACPS that although its final allotment for this formula grant has not yet been determined, ACPS should continue to use last year's allotment for budgeting purposes.

Finally, the initial grant proposal approved by the School Board on October 26, 2017, included Body Mass Index data as one of the methods for measuring performance. This data measurement has been entirely removed from this follow-on proposal.

RECOMMENDATION

The Interim Superintendent recommends that the School Board approve the Title IV, Part A application for School Year 2018-19.

ATTACHMENT

1. 180621_TitleIV_PartA_Grant

CONTACT

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cc: Senior Leadership Team