

# **SHAB Committee Structure**

## **Program Analysis Committee**

1. Promote programs and develop measures in an effort to identify and begin decreasing childhood obesity. Monitor BMI data and ACPS efforts to encourage the incorporation of exercise and movement into daily activities, including the support of bike and walk to school programs and movement throughout the school day.
2. Research national best practices for required daily physical activity and recommend changes as appropriate. Monitor health and physical education curriculum and implementation.
3. Encourage health access for uninsured students by monitoring surveillance data and ACPS outreach efforts.
4. Review survey findings from the Youth Risk Behavior Survey (YRBS) and Developmental Assets data. Monitor that preventive programming has been implemented to address identified problems, consulting with local resources, e.g., Substance Abuse Prevention Coalition of Alexandria (SAPCA) and the Suicide Prevention Alliance of Northern Virginia (SPAN).

## **Community Outreach Committee**

1. Monitor the ACPS 2020 strategic plan implementation of health and wellness goals and related incorporation of measurable health data into ACPS dashboard.
2. Continue to monitor ongoing programs, needs and implementation of school-based healthcare initiatives, including: general nursing care; oral health screenings; the Teen Wellness Center, and the WOW Bus.

## **Curriculum & Policy Review Committee**

1. Monitor Family Life Education curriculum content and implementation.
2. Develop a process in coordination with ACPS staff for timely evaluation of ACPS policies and guidelines germane to SHAB.