

**Alexandria City Public Schools**  
**SCHOOL HEALTH ADVISORY BOARD MINUTES**  
**June 20, 2018 4:00 – 5:30 PM**  
**Inova Alexandria Short Stay Surgery Conference Room**

**I. Call to Order**

Called to order at 4:05.

**Members Present:** Deborah Bowers, Freddi Brubaker, Wendy Harper, Karen Hill, Michael Humphreys, Rachel Mendelson, **Charles Sumpter, Chair**, Vivek Sinha, Brooke Syndor, and Brittany Wood. Barbara Nowak, ACPS Liason and Cindy Anderson, School Board.

**II. Approval of Meeting Agenda**

Agenda adopted with no revisions.

**III. Approval of Meeting Minutes**

Minutes from the 10/12/17, 12/14/17, and 5/10/2018 were reviewed and approved by vote with no corrections. The minutes of 4/12/18 were reviewed and approved by vote with the correction of the name change under attendance to Christopher Lewis.

**IV. Communications and Addresses to the Advisory Board**

None

**V. Old Business and Action Items**

- Reviewed the Medication Administration Policy
  - Discussed the suggested changes that included all medications require Healthcare Provider's orders and eliminating any standing orders for pain medication per the School Nurses request. The School Nurses felt the pain medications for dysmenorrhea would not be equitable between male and female students and a diagnosis of dysmenorrhea would be difficult. Also discussed the medical issues associated with as needed pain medications masking symptoms of a more serious disease or injury.
- Reviewed the scope of work from 2017-2018:
  - Encourage health access for uninsured students by monitoring surveillance data and ACPS outreach efforts.
    - Barb Nowak will provide surveillance data from PHK.
    - BN reported the Health Access paper work supplied to parents has been updated.

- Continue to monitor ongoing programs, needs, and implementation of school-based healthcare initiatives, including: general nursing care; oral health screenings; the Teen Wellness Center, and the WOW Bus.
  - BN supplied the health services and WOW Bus reports.
  - Deborah Bowers supplied the Teen Wellness Center summary report.
  - BN reported on the progress of the school based spaces at F.T. Day school and Jefferson-Houston.
- Promote programs and develop measures in an effort to identify and begin decreasing childhood obesity. Monitor BMI data and ACPS efforts to encourage the incorporation of exercise and movement into daily activities, including the support of bike and walk to school programs and movement throughout the day.
  - Mike H. had given summary report in a prior meeting. Mike provided a written report that can be used in the EOY Report.
- Research national best practices for required daily physical activity and recommend changes as appropriate. Monitor health and physical education curriculum and implementation.
  - Mike H. reported that pre and post fitness scores are being sent home to parents using Wellnet software.
- Review the survey findings from the Youth Risk Behavior Survey (YRBS) and Developmental Assets data. Monitor that preventive programming has been implemented to address identified problems, consulting with local resources, E.g. Substance Abuse Prevention Coalition of Alexandria (SAPCA) and the Suicide Prevention Alliance of Northern Virginia (SPAN).
  - Clint Page and Julie Crawford provided an overview of the YRBS results at the Dec. 14, 2017 meeting.
- Monitor Family Life Education curriculum content and implementation.
  - Mike H. had given an update of the FLE curriculum implementation at the May SHAB meeting.
- Develop a process in coordination with ACPS staff for timely evaluation of ACPS policies and guidelines germane to SHAB
  - BN provided a document with the list of ACPS policies germane to SHAB created by Jennifer Abbruzzese
- BN reported the response to the recommendation that flu immunizations be mandatory. HR and VDOE both stated it could not be made mandatory. The group suggested providing a more formalized education concerning the flu immunization. Present an e-blast to inform staff of the opportunity for free immunizations.

## **VI. New Business and Reports**

- BN presented the change to the Wellness policy as requested by Jennifer Abbruzzese. The group appreciated the objective measures to define safe weather for outdoor recess. The

group agreed with the changes requiring 30 minutes of unstructured outdoor play. The group recommended continued surveillance to ensure the policy is implemented with fidelity.

- Developed suggestions for the Scope of Work for 2018-2019:
  - The group suggested making the Scope of Work objectives more measurable and objective.
  - The group discussed keeping the same objectives, but with improved language.
  - The group discussed surveying the Student Services Members to discover the needs from the workers at the school to create the scope of work.
- Several additional items were suggested including:
  - Continued School Board Policy review.
  - Nutrition Services measures that are part of the Strategic Plan 2020 Goal 5.5. (See attached Scope of Work Update FY 2018.)
  - Assess the current coverage of nurses, social workers, school psychologists, and school counselors against national standards to support students.

### **VII. Chair's Report**

Completion of End of Year Report and Scope of Work for 2018-2019 will be completed over the summer.

### **VIII. Announcements by Members.**

Karen Hill agreed to run as the Chairperson for SHAB for the 2018-2019 school year.

### **IX. Future Business**

### **X. Adjournment**

Meeting was adjourned at 5:30 PM.