

Athletic Hall of Fame Nominee

#43

Name of nominee *	Dawn Ingram
Nominee email address	msdingram11@gmail.com
Nominee phone number	(703) 994-2098
Class of *	1995
School *	T.C.Williams
Sport *	Women's Basketball
Nominator *	Pam Ingram
Nominator email address *	pam.ingram@yahoo.com
Nominator phone number	

How did the candidate distinguish him/herself as a student athlete at an Alexandria City public high school?

Dawn maintained a GPA of over 3.5 while working, playing basketball, and preparing herself for her college career. She was an active participant at her local recreation center Nannie J. Lee and often helped those who helped her.

How may the candidate have distinguished themselves in athletics after graduating from ACPS?

She has volunteered in assisting the women's basketball team during the conditioning phase, has coached at boys and girls in basketball ranging from 5-12 years of age, and continues to be active in her own children's growth in basketball. She attended Temple University and achieved many accolades such as 2nd team All Big 5, defensive player of the year award, and Most Valuable Player. She then went on to pursue her Doctorate Degree in Physical Therapy at Marymount University where she won the student of the year clinical excellence award all while being pregnant with her first son, Daron. She also has 3 other boys Deon, Daylen, and Deshaun who she hopes will follow her footsteps in basketball at T.C. and at the college level.

How has the candidate contributed to his/her community outside of athletics?

Dawn is a local physical therapist in the area and often gives back to the community via charitable donations, open house events, balance screenings for the elderly, and teaching aspiring physical therapy students. She has been a mentor to young girls and boys especially those aspiring to pursue athletics on the next level.