

FROM: Charles Sumpter, Chair
School Health Advisory Board

THROUGH: Barbara Nowak, School Health Coordinator
Julie Crawford, Chief of Student Services, Alternative Programs, and Equity

TO: The Honorable Ramee Gentry, Chair, and Members of the Alexandria City
School Board

DATE: September 13, 2018

TOPIC: School Health Advisory Board Scope of Work 2018-2019

1. Encourage health access for uninsured students by monitoring surveillance data and ACPS outreach efforts.
2. Continue to monitor ongoing programs, needs, and implementation of school-based healthcare initiatives, including: general nursing care; oral health screenings; the Teen Wellness Center, and the WOW Bus.
3. Promote programs and develop measures in an effort to identify and begin decreasing childhood obesity. Monitor BMI data and ACPS efforts to encourage the incorporation of exercise and movement into daily activities, including the support of bike and walk to school programs and movement throughout the day:
4. Research national best practices for required daily physical activity and recommend changes as appropriate. Monitor health and physical education curriculum and implementation.
5. Monitor the ACPS 2020 strategic plan implementation of health and wellness goals and related incorporation of nutritional services measures health data into ACPS dashboard. Additionally, align with ongoing City health initiatives like the Health Matters in Alexandria Disparities Dashboard and the City's Community Health Improvement Plan effort.
6. Assess ACPS efforts to address trends in the 2016-2017 Youth Risk Behavior Survey (YRBS) and Developmental Assets data, in particular data as it relates to mental health and suicide ideation. Additionally, continue to monitor that preventive programming has been implemented to address identified problems, consulting with local resources, E.g. Substance Abuse Prevention Coalition of Alexandria (SAPCA), the Suicide Prevention Alliance of Northern Virginia (SPAN), and Safe Space NOVA.
7. Monitor Family Life Education curriculum content and implementation in light of decision to make the course an elective rather than as a requirement; highlighting the recent drop in student attendance.

8. Continue working with ACPS staff on timely evaluation of ACPS policies and guidelines germane to SHAB.
9. Assess the current coverages of nurses, social workers, school psychologists, and school counselors against national standards to support students.