

Date: June 3, 2015

For ACTION       X      

For INFORMATION   X  

Board Agenda: Yes   X    
No           

**FROM:** Robin Wallin, DNP, RN  
Health Services Coordinator,  
Staff Liaison, School Health Advisory Board

Margaret May Walsh, Ed.D.  
Chief Student Services Officer

**THROUGH:** Alvin L. Crawley, Ed.D., Superintendent of Schools

**TO:** The Honorable Karen Graf, Chair, and Members of the Alexandria  
City School Board

**TOPIC:** School Health Advisory Board Scope of Work

**BACKGROUND:** The School Health Advisory Board recommends the following items to be considered for the committee scope of work for the SY 2015-2016.

**RECOMMENDATION:**

- Continue to work on health access outreach for uninsured families, increase participation in FAMIS and FAMIS Plus and use of local safety net providers.
- Continue to monitor and promote oral health screenings.
- Promote programs and develop measures in an effort to identify and begin decreasing childhood obesity.
- Research national best practices for required daily physical activity and recommend changes as appropriate.
- Encourage the incorporation of exercise and movement into daily activities, including the support of bike and walk to programs and movement during classes.
- Monitor ACPS 2020 strategic plan implementation of health and wellness goals.
- Continue to monitor ongoing programs, needs and implementation of school-based healthcare initiatives including the Teen Wellness Center and WOW Bus projects.

- Monitor problems with substance abuse and mental health, and review Youth Risk Behavior Survey (YRBS) and Developmental Assets data. Oversee coordination of results to various preventive programming for students.
- Monitor new Family Life Education curriculum content in implementation.
- Incorporate measurable health data into ACPS “dashboard”, strategic plan or other tools as relevant.

**IMPACT:** The School Health Advisory Board seeks to help ensure support for the health and wellness of all ACPS students.

**CONTACT PERSON:** Robin Wallin, Staff Liaison to SHAB