

## BOARD BRIEF

Date: September 3, 2021

BOARD INFORMATION:   X  

MEETING PREPARATION:       

**FROM:** Terri H. Mazingo, Ed.D., Chief of Teaching, Learning, and Leadership  
Gerald R. Mann Jr., Ed.D., Executive Director of Instructional Support  
Kristin Donley, Health, PE, & FLE K-12 Instructional Specialist

**THROUGH:** Gregory C. Hutchings, Jr., Superintendent of Schools

**TO:** The Honorable Meagan Alderton, Chair, and  
Members of the Alexandria City School Board

**TOPIC:** Health and Physical Education Guidance for COVID-19 Precautions

### ACPS 2025 STRATEGIC PLAN GOALS

Goal 1: Systemic Alignment

Goal 2: Instructional Excellence

Goal 3: Student Accessibility and Support

### SY 2020-2021 FOCUS AREA

Focus Area 1: Reopening of School

### FY 2022 BUDGET PRIORITY

Professional Learning and Cultural Competency Training for all Staff and Partners

### SUMMARY

The purpose of this Board Brief is to provide you with the guidance of precautions to be taken by physical education (PE) staff that can support mitigation of COVID-19 transmission as we return to in-person instruction for all.

### BACKGROUND

Due to the increased exhalation, teachers will be required to meet the social distancing guidelines during activity, especially when students are unmasked outdoors. Students will still be required to wear masks indoors, and activities will be limited to low to moderate intensity. Equipment and locker rooms can be used with daily sanitation plans in place to be completed by PE staff at the end of each school day. Lastly, strict handwashing and/or sanitizing before and after physical education instruction must be enforced for all students and staff.

### RECOMMENDATION

The Superintendent recommends that the School Board review the information within this brief.

### IMPACT

It is imperative ACPS Health and PE staff take precautions to support mitigation of COVID-19 transmission as we return to in-person learning for all students.

### ATTACHMENTS

1. [ACPS EC & Elementary HPE Guidelines for Reentry 2021-2022](#)
2. [ACPS Secondary HPE In-Person Guidelines for Reentry 2021-2022](#)

### CONTACT

Kristin Donley, [kristin.donley@acps.k12.va.us](mailto:kristin.donley@acps.k12.va.us)