



Athletics Update

**School Board Meeting
April 25, 2024**





WELCOMING

ATHLETIC DEPARTMENT OVERVIEW

- 1315 Athletes
- 50% Boys & 50% Girls
- 42% are taking AP Classes & 61% take honors classes
- Average GPA of a Titan Athlete – 3.49
- Race/Ethnicity of Athletes
 - 54% - White,
 - 28% - Black,
 - 11% - Hispanic,
 - 5% - Multi-Racial
 - 2% - Asian





WELCOMING

ATHLETIC DEPARTMENT OVERVIEW

- 64 Academic/Social Clubs
- VHSL Activities – Debate, Forensics, One Act Theatre, Robotics, & Scholastic Bowl
- VHSL Sponsored Sports – Fall (Cheer, Cross Country, Golf, Field Hockey, Football, Volleyball)
- VHSL Sponsored Sports- Winter (Basketball, Gymnastics, Indoor Track, Swim & Dive, Sideline Cheer & Wrestling)
- VHSL Sponsored Sports - Spring (Baseball, Lacrosse, Outdoor Track, Softball, Soccer, Tennis)
- Recognized School Sport Clubs – Boys Volleyball, Crew, Ice Hockey, Rugby





ATHLETIC ACADEMIC ADVISEMENT PROGRAM

- Holds student athletes accountable for their academic performance and attendance so that they are eligible to participate each sports season
- Recruits and Creates a Roster of Peer Tutors from various areas
- Conducts Weekly Study Hall (on average 25-28 in attendance)
- Held Info session from a collegiate athletes, highlighting "life of a student athlete" at the college level
- Schedules 1-to-1 Tutoring (Peer Tutor & Athlete) during FLEX for “most in need” student-athletes
- Provides outreach with teachers, assisting student-athletes with an improvement plan for grades





WELCOMING

TITAN COACHES EDUCATION

Principles of
Coaching

Sports First
Aid

Concussion
Training

CPR/AED
Training

VHSL
STATE
Components

Child Abuse
& Neglect

POSITIVE
COACHING
ALLIANCE



TITAN EDUCATION

POSITIVE COACHING ALLIANCE

- Sports Can Battle Racism
- Coaching With Empathy
- Honoring the Game: Social Media Use
- Positive Initiation and Hazing
- How to be a Positive Sport Parent



ATHLETE OF THE WEEK & MONTH PROGRAM



EMPOWERING

Athletic Department Core Values

TITAN "4" EVER



Teamwork
Integrity
Tenacious
Adaptable
Notable

"4" Community
(Team, School, Family Sport)

Excellence
Victorious
Effort
Respect



ATHLETIC SCHOLARSHIPS

- **106 Titan Athletes have signed college scholarship to play at the next level since 2020.**

BASEBALL – 13 Athletes

BASKETBALL – 5 Athletes

CROSS COUNTRY – 1 Athlete

FOOTBALL – 14 Athletes

LACROSSE – 6 Athletes

ROWING – 18 Athletes

RUGBY – 8 Athletes

SOCCER – 18 Athletes

SOFTBALL – 4 Athletes

SWIM & DIVE – 5 Athletes

TRACK & FIELD – 7 Athletes

VOLLEYBALL – 5 Athletes

WATER POLO – 1 Athlete

WRESTLING – 1 Athlete



MIDDLE SCHOOL SPORTS PLANNING

2024 -2025 Sport Roll-Out

Boys Basketball, Girls Basketball, Swim & Dive, Scholastic Bowl, Track & Field

2025-2026 Sport Roll-Out

Boys Soccer, Cheer, Girls Soccer, Football, Forensics

2026-2027 Sport Roll-Out

Boys Tennis, Girls Tennis, Volleyball, Debate



MIDDLE SCHOOL SPORTS PLANNING

- Started promotional plan to find coaches and middle school athletic coordinators
- Uniform & equipment vendors
- Meetings with middle school principals
- Presentation to students at all middle schools
- Website Design
- Promotion of tryout dates and registration process
- Starting scheduling process



Alexandria City Public Schools

Questions?

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Superintendent

Dr. Melanie Kay-Wyatt

School Board

Michelle Rief, Chair
Kelly Carmichael Booz, Vice Chair

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Tim Beaty
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