# FAMILY LIFE EDUCATION (FLE) REGULATIONS

## 3 GENERALLY

Alexandria City Public Schools (ACPS) provides Family Life Education (FLE) based on the FLE
Standards of Learning (SOL) and curriculum guidelines developed by the Virginia Board of
Education. Parents/guardians may exempt their child from FLE.

# I. CURRICULUM REVIEW AND REVISION

ACPS' Department of Teaching, Learning and Leadership reviews the FLE curriculum annually. The review allows for community input by making the FLE curriculum available for public comment.

The School Health Advisory Board (SHAB) serves as the community involvement team. SHAB members provide input to staff regarding new instructional and resource materials and changes to FLE curriculum.

The Superintendent or designee approves all FLE instructional materials, as well as all materials relating to FLE available for circulation to students through the school libraries or resource and media centers. In addition, K-10 grade-level curriculum guides are posted on the ACPS website.

## 25 II. STAFF TRAINING

 Teachers may not teach any portion of the FLE curriculum unless they have completed "Sexuality Education for TeachersACPS Family Life Education Certification Course" (or an equivalent course offering, including a blended-learning format) OR have provided a college transcript that documents successful completion of a similar course.

Additionally, all employees responsible for adapting the FLE curriculum for students with disabilities will participate in specially designed professional development to ensure that appropriate modifications and differentiation occurs and is integrated into the written curriculum.

# 37 III. PARENT/GUARDIAN TRAINING AND "OPT-OUT"

A. "Opt-out" Procedures

All K-10 students receive FLE instruction unless parents/guardians have chosen to exempt them from all or part of the FLE program. Exemption, or "opt-out" procedures, are included in the Welcome Packet and Family Handbook at the beginning of each school year or upon enrollment, and are found on the ACPS website.

| 47<br>48                         | B.            | Training   |  |  |  |  |
|----------------------------------|---------------|--|--|--|--|--|
| 49<br>50<br>51<br>52<br>53<br>54 |               | purpose and design or<br>orientation sessions r<br>Community Engagen           | s parent/guardian orientation to support understanding of the<br>of the FLE program and its curriculum. Such training and<br>nay occur in a variety of venues, including the Family and<br>nent (FACE) Center, the Parent Resource Center (PRC),<br>in and other contexts. |  |  |  |
| 54<br>55                         |               |  |  |  |  |  |
| 56<br>57                         | Adopted:      | NEW  |  |  |  |  |
| 5 <b>8</b><br>60                 | Legal Refs.:  | Code of Virginia, 195  | 0, as amended, §§ 22.1-207.1, 22.1-207.1:1, 22.1-207.2.  |  |  |  |
| 61                               | Family Life E | lucation: Board of Education Guidelines and Standards of Learning for Virginia |  |  |  |  |
| 62<br>63                         | Public School | s, Virginia Department of Education (Revised September 2016).                  |  |  |  |  |
| 64                               | Cross Refs.:  | BCF  | Advisory Committees to the School Board  |  |  |  |
| 65                               |               | IIA  | Instructional Materials  |  |  |  |
| 66                               |               | INB  | Teaching About Controversial Issues  |  |  |  |
| 67                               |               | KLB  | Public Complaints About Learning Resources   |  |  |  |
| 68                               |               |  |  |  |  |  |
| 69                               |               |  |  |  |  |  |
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FLE.

GENERALLY

## FAMILY LIFE EDUCATION (FLE) REGULATIONS

Alexandria City Public Schools (ACPS) provides The School Board approves the inclusion of

Family Life Education (FLE) in the curriculum. FLE instruction is based on the FLE Standards of

Learning (SOL) and curriculum guidelines developed by the Virginia Board of Education., which

provide for age-appropriate instructional content. Parents/guardians may exempt their child from

**Commented** [1]: Content relocated from the Policy and revised.

### CURRICULUM REVIEW AND REVISION I.

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The School Health Advisory Board (SHAB) serves as the community involvement team. SHAB members provide input to staff regarding new instructional and resource materials and changes to FLE curriculum.

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Additionally, all employees responsible for adapting the FLE curriculum for students with disabilities will participate in specially designed professional development to ensure that appropriate modifications and differentiation occurs and is integrated into the written curriculum. 38

### PARENT/GUARDIAN TRAINING AND "OPT-OUT" 40 Ш. 41

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| 47         |                | beginning of each sc  | hool year or upon enrollment, and are found on the ACPS       |  |  |
|------------|----------------|---|---|--|--|
| 48         |                | website.  | 5 1   |  |  |
| 49         |                |   |   |  |  |
| 50         | B.             | Training  |   |  |  |
| 51         |                | 0   |   |  |  |
| 52         |                | The Division provide  | s parent/guardian orientation to support understanding of the |  |  |
| 53         |                | purpose and design of   | of the FLE program and its curriculum. Such training and      |  |  |
| 54         |                |   | nay occur in a variety of venues, including the Family and    |  |  |
| 55         |                |   | nent (FACE) Center, the Parent Resource Center (PRC),         |  |  |
| 56         |                | PTA/PTSA meetings,  | in and other contexts.  |  |  |
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| 59<br>60   | Adopted:       | INE W   |   |  |  |
|            | Legal Refs.:   | Codo of Virginia 105  | in an amondod 88 22 1 207 1 22 1 207 1 1 22 1 207 2           |  |  |
| 6 <u>1</u> | Legal Kels     | Code of Virginia, 1950, as amended, §§ 22.1-207.1, 22.1-207.1:1, 22.1-207.2.  |   |  |  |
| 63<br>64   | Family Life F  | Education: Poand of Education Guidelines and Standards of Learning for Virginia   |   |  |  |
| 65         |                | <i>Education: Board of Education Guidelines and Standards of Learning for Virginia</i><br><i>pls</i> , Virginia Department of Education (Revised September 2016). |   |  |  |
| 66         | 1 ublic School | s, virginia Department  | t of Education (Revised September 2010).                      |  |  |
| 67         | Cross Refs.:   | BCF   | Advisory Committees to the School Board                       |  |  |
| 68         |                | IIA   | Instructional Materials                                       |  |  |
| 69         |                | INB   | Teaching About Controversial Issues                           |  |  |
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| 71         |                |   |   |  |  |
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