

**ALEXANDRIA CITY PUBLIC SCHOOLS  
SCHOOL HEALTH ADVISORY BOARD  
MEETING MINUTES**

**October 12, 2017**

**4:00-5:30 pm**

**INOVA Alexandria Hospital Boardroom**

**SHAB Member Attendees:** Charles Sumpter (Chair, Commission on HIV/AIDS), Michael Suppa (Vice Chair, ACPS, CYFCC), Karen Seaver Hill (Children's Hospital Association), Dr. Vivek Sinha (Medical Consultant to ACPS), Freddi Brubaker (INOVA Alexandria Hospital ED), Robyn Douglas (ACPS Nutrition Coordinator), Rachel Mendelson (Alexandria Campaign on Adolescent Pregnancy)

**Other Attendees:** Barbara Nowak (Staff Liaison), Dr. Julie Crawford (ACPS Chief of Student Services), Chris Lewis (School Board Liaison), Jim Durham (HEAL), Canek Aguirre (Anthem Healthkeepers Plus)

**Call to Order:**

- Charles Sumpter opened the meeting on Thursday October 12, 2017 at 4:00PM
- Michael Suppa was the note taker for this meeting.

**Adoption of Meeting:**

- The Meeting agenda was reviewed by the members of SHAB.

**Review of the September Meeting Minutes:**

- The minutes from the meeting held Thursday September 14, 2017 were reviewed. Michael Suppa moved to approve the minutes with 2 edits.
  - Corrections: Spelling of Freddi Brubaker's name / 1 punctuation edit

**New Business and Reports:**

**Youth Risk Behavior Survey (Dr. Julie Crawford):**

- Dr. Crawford provided SHAB members with an overview of the YRBS, which is administered to ACPS students in grades 8, 10 and 12. The goal of administering the survey is to obtain information on youth behaviors in six risk areas identified as contributing to the leading causes of death, disability, and social problems among youth in the United States. Dr. Crawford noted that in the previous administration of the YRBS, there was an uptick in certain areas that were a cause for concern, such as the number of students who had considered suicide or self-harm. Improvements were seen in these areas according to the most recent administration.

- Karen Seaver Hill inquired about whether or not it would be possible to link insurance types with the respondents in order to shed more light on access.
- SHAB members will receive a more in-depth presentation on the results of the survey at the November meeting.

**HEAL Update (Jim Durham):**

Mr. Durham provided an overview of Alexandria's Community Health Improvement Plan, noting that children in Alexandria are half as active as the national average. Programs that were highlighted included:

- Biking: Biking for 3<sup>rd</sup> graders was piloted last spring and is expanding to 8 total elementary schools this year.
- Walking: There is now a grant-funded Safe Routes to School Coordinator. The coordinator has partnered with the Alexandria Police Department in identifying safe walking routes to schools and APD has also named a safety liaison officer to work directly with school communities.
- Swimming: The Swim Skills Program for 4<sup>th</sup> graders is expanding to 4 total schools this year. Transportation is provided for students from John Adams, James K. Polk, Jefferson-Houston and Samuel Tucker to the Chinquapin Aquatics Facility.
  - Chris Lewis highlighted the need for such a program and for recreational centers in the West End that house aquatics facilities. He noted that there are currently no aquatics facilities west of Quaker Lane and that the city's data projects substantial long-term growth and enrollment from low income families in this section of town.
- Soccer: Dr. Crawford added that ACPS has partnered with the Alexandria Soccer Association for an afterschool program at William Ramsay and Cora Kelly, which combines for 340 total participants. Registration for families is free and both healthy snacks and transportation are provided.
- Barbra Nowak inquired about food suppliers and whether or not there was a document available for distribution that shares information about which farmers markets accept SNAP. Dr. Crawford highlighted that there is a shared document among the city and schools that houses related information. Jim Durham offered to share all resources he had related to food access information with SHAB.

**Teen Wellness Center Services Report (Charles Sumpter):**

- Charles Sumpter provided a brief update on the Teen Wellness Center in the absence of Deborah Bowers. Mr. Sumpter noted that he sat on the panel to conduct interviews for the role of Health Education Specialist. There were 181 total applicants for this role, narrowed down to 12 finalist candidates.

### **School Health Services & WOW Bus Report** (Barbara Nowak):

- The annual data for SY15-16 and SY16-17 was distributed to SHAB Members. There was an 11.2% decrease in procedures reported during SY16-17. Barb attributed this decrease to what was likely the result of more accurate reporting as she has worked with nurses to streamline the reporting process. In an overview of monthly data, it was noted that screenings decreased 24.3% in September 2017 when compared to September of 2016. Barb also highlighted that Samuel Tucker now has WOW Bus access and that Jefferson-Houston received a grant for mobile dental equipment through Neighborhood Health and will be offering services at the end of October.

### **Proposed Committee Structure** (Charles Sumpter):

- Charles Sumpter introduced a proposed committee structure in order to establish focused work groups for SHAB. Members were provided an overview (see attached document) and asked to consider participation in committees for Program Analysis, Community Outreach, or Curriculum & Policy Review. Committee assignments will be determined at the November meeting.
  - Vivek Sinha motioned to adopt the proposed committee structure for the year.
  - Karen Seaver Hill proposed having more guidance and clarity on what the work and expectations of the committees may look like.
  - Barbara Nowak noted that when a committee, consisting of 3 or more members plans to meet, the meeting must be posted publicly ahead of time and minutes must be taken.
  - Michael Suppa inquired about what the process has been in the past for policy reviews. Chris Lewis provided an overview of previous years and noted that school board policy requires an annual review of all health related policies every 3 years.

### **Announcements:**

- Freddi Brubaker shared information about a pediatrics initiative from INOVA Fairfax taking place during the months of November and December. INOVA Fairfax is sharing information and training related to how pediatric patients are cared for, standardized processes, best practices, etc.
- Charles Sumpter shared that the Alexandria Health Department Health Matters Dashboard was now visible to the public and that SHAB would have an overview of this at a future meeting.

### **Adjournment:**

- There being no further business, Michael Suppa motioned to adjourn the meeting at 5:30PM.