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### ADMINISTRATION OF MEDICATIONS TO STUDENTS

The purpose of this policy is to provide consistent, safe procedures for medication administration in the schools and to enhance student health and stabilize medical conditions to support student academic achievement. Whenever possible, medication should be administered by parents or guardians. Under certain circumstances as outlined below and in JHCD-R, prescription medication and non-prescription medication may be taken during the school day. All doses of medication should be administered by parents or guardians during non school hours whenever possible and appropriate.

### I. PRESCRIPTION MEDICATION

Employees of the Alexandria City Public Schools (ACPS) may give prescription medication to children—individual students only—with a written order or prescription from a "licensed prescriber" (physician, nurse practitioner, physician assistant, optometrist and dentist) and a signed authorization—Authorization to Administer Medication form "signed authorization" from a parent or guardian. Such medicine must be in the original container and be delivered to the school nurse or the principal's designee by the student's parent or guardian. Alexandria City Public Schools—ACPS personnel will follow all the—written orders of the licensed prescriber. Self-care and self-administration of prescription medications will be addressed on a case-by-case basis including care for diabetes, asthma and/or allergies.

# II. NON-PRESCRIPTION/NON-CONTROLLED MEDICATIONS

Alexandria City Public Schools ACPS school health personnel or trained ACPS staff may give non-prescription/non-controlled medications to students only with a licensed prescriber's or nurse's the written order and signed authorization permission from a parent or guardian. Such permission shall include the name of the medication, the required dosage of the medication, and the time the medication is to be given. Such medication must be in the original container. Secondary students with a signed authorization form from a parent or guardian may carry one dosage of non-prescription/non-controlled medication at a time, such as Advil, Motrin, and Tylenol, if such medication is not stored in the clinic. In order for non-prescription medication to be given to a student for more than five consecutive days, written permission from the child's physician shall be required.

Students enrolled in grades 9 through 12 may be permitted to possess a medically necessary nonprescription medication only with the written consent of a parent or guardian setting forth the type/name of the medication and a defined time period for such possession. Such medicine must be in the original container. The written consent shall be kept on file with the relevant school. "Medically necessary" means that the non-prescription medication is indicated for the student's relevant condition or symptoms.

### III. SELF-ADMINISTRATION OF ASTHMA MEDICATION

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Students with a diagnosis of asthma or anaphylaxis, or both, are permitted to possess and self-administer inhaled asthma medications or auto-injectable epinephrine, or both, as the case may be in accordance with this policy during the school day, at school sponsored activities, or while on a school bus or other school property. A student may possess and self administer asthma medication or auto-injectable epinephrine, or both, when the following conditions are met:

- Written parental/guardian consent that the student may self-administer inhaled asthma medications or auto-injectable epinephrine, or both, is on file with the school.
- Written notice from the student's primary care provider must be on file with the school, indicating the identity of the student, stating the diagnosis of asthma or anaphylaxis or both, and approving self-administration of inhaled asthma medications or auto injectable epinephrine, or both, that have been prescribed for the student; specifying the name and dosage of the medication, the frequency in which it is to be administered, and the circumstances which may warrant its use; and attesting to the student's demonstrated ability to safely and effectively self-administer the medication.
- An individualized health care plan is prepared, including emergency procedures for any life threatening conditions.
- There is consultation with the student's parent/guardian before any limitations or restrictions are imposed on a student's possession and self-administration of inhaled asthma medications and auto injectable epinephrine and before the permission to possess and self-administer inhaled asthma medications and auto injectable epinephrine at any point during the school year is revoked.
- Self administration of inhaled asthma medications and auto injectable epinephrine is consistent with the purposes of the *Virginia School Health Guidelines* and the *Guidelines for Specialized Health Care Procedure Manual*, which are jointly issued by the Virginia Department of Education and the Virginia Department of Health.
- Information regarding the health condition of the student may be disclosed to school board employees in accordance with state and federal law governing the disclosure of information contained in student scholastic records.

Permission granted to a student to possess and self-administer asthma medications or auto-injectable epinephrine, or both, will be effective for a period of 365 calendar days, and must be renewed annually. However, a student's right to possess and self-administer inhaled asthma medication or auto-injectable epinephrine, or both, may be limited or revoked after appropriate school personnel consult with the student's parents/guardians.

## **IV.III.** EPINEPHRINE

Pursuant to an order or standing protocol issued by the <u>licensed</u> prescriber within the course of professional practice, any school nurse, School Board employee, employee of a local appropriating body, employee of a local governing body, or employee of a local health department who

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is authorized by a <u>licensed</u> prescriber and trained in the administration of epinephrine may possess epinephrine and may administer it to any students believed to be having an anaphylactic reaction.

## **V.IV.** DISCIPLINE

Failure by students to comply with all the required elements of this policy and related regulations will result in discipline under Policies JFC/JFC R and JFCFas outlined in the ACPS Student Code of Conduct.

## **VI.** GUIDELINES

The Superintendent shall develop guidelines for the possession by students of "medically necessary" medications.

# **VII.**V.\_\_REGULATION

The Superintendent shall develop a regulation Regulation JHCD-R established guidelines for the administration of medicines medication to students. The regulation shall It includes provisions for the handling, storage, monitoring, documentation and disposal of medication.

Adopted: December 5, 1996 Amended: July 10, 1997 June 18, 1998 Amended: July 6, 2000 Amended: June 19, 2003 Amended: Amended: July 1, 2005 July 1, 2011 Amended: June 21, 2012 Amended: December 19, 2013 Amended: Amended: June 11, 2015

Amended:

Legal Refs.: Code of Virginia, as amended, §§ 22.1-78, <u>22.1-274, 22.1-274.01:1,</u> 22.1-274.2,

54.1-2952.2, 54.1-2957.02, 54.1-3408.

Manual for Training Public School Employees in the Administration of Insulin

and Glucagon (Virginia Department of Education Revised 2015).

	Cross Refs.:	EBBA	First Aid/CPR Certified Personnel
		JFC-R	Standards of Student Conduct
		JHCD-R	Regulations for the Administration of Medications to Students
•		JHCE	Recommendation of Medication by School Personnel
		JO	Student Records