

# Middle School Athletics & Activities Proposal

School Board  
September 21, 2023





# Mission Statement/Goals

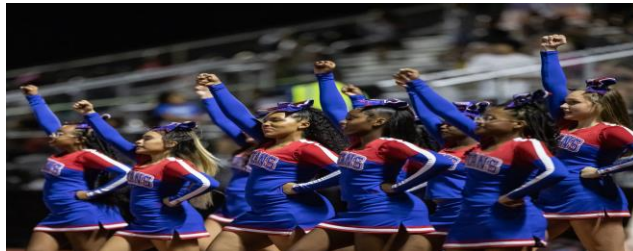
## Mission Statement

Alexandria City Middle Schools Athletics is a developmental program that promotes the academic, physical, psychological and social growth of the student athlete.

## Goals of the Middle School Athletic program focus on:

1. Development of the student athlete.
2. Sportsmanship
3. Promotion of a successful and positive experience for all.

**10 Sports & 3 Student Activities Impacting  
1000 student athletes & 150 coaches**





# Importance of Athletic Opportunities for Students

Participation in athletics:

- Provides opportunities for lifelong lessons in the value of teamwork, empathy, work ethic, resilience, and sacrifice for a goal; all within the values of respect and honor.
- Builds a foundations for lifelong fitness habits & health benefits.
- Teaches valuable skills in leadership and time management.
- Helps children develop and improve cognitive skills.
- Ability to compare critical performance measures, athlete to non-athlete.

Both male and female high school athletes are less likely to smoke cigarettes and suffer from loneliness and low self-esteem, when compared to non-athlete peers, according to (Women's Sports Foundation, 2018).



# School Board Priority Areas SY 23-24



RESULTS-DRIVEN

Student Connection and Attendance

CASEL – Social Emotional Learning Competencies



# Considerations

- Cost Implications: Staffing, Equipment, Insurance, Transportation, Storage, etc.
- After school programs (ex. LINK Club) are allocated space in the gymnasiums as well as field space for enrichment programs at the middle schools.
- Shortage of facilities especially with Minnie Howard facilities being offline.
- RPCA/ACPS has an agreement at PH that RPCA has usage of the gymnasium one hour following school dismissal time.
- Continue to fund our intramural program and allow 8<sup>th</sup> graders to play on sub-varsity teams at the high school.





WELCOMING

# Area School District Middle School Programs



## Arlington

(Basketball, Soccer, Track & Field, Tennis, Wrestling, Swim & Dive, Ultimate)

## DCPS

(Archery, Baseball, Basketball, Cheer, Cross Country, Football, Indoor Track, Lacrosse, Outdoor Track, Volleyball, Soccer, Softball, Ski Trip, Swimming, Wrestling)

## Fairfax

(Track & Field/Cross Country)



## Prince George's County

(Baseball, Basketball, Cheer, Soccer, Softball)

## Prince William

(Baseball, Basketball, Cheerleading, Football, Soccer, Softball, Track, Volleyball, and Wrestling)



# Sport/Season/School Offering

*If a sports/activity program is not offered at a student’s school, they will be allowed to participate at an assigned school*

SPORT	SEASON	BASE SCHOOL
Girls Basketball, Cheer	November-December	GW, FH, JH, PH
Girls Soccer	September-October	GW, FH, JH, PH
Boys Soccer	November-December	GW, FH, JH, PH
Tennis	September-October	GW, FH, JH, PH
Football	September-November	GW, FH,
Volleyball	September-October	GW, FH,
Boys Basketball, Cheer	January-February	GW, FH, JH, PH
Outdoor Track/Swim & Dive	March-May	GW, FH,
<b>Debate, Forensics, Scholastic Bowl</b>	<b>All Year</b>	<b>GW, FH, JH, PH</b>



# 2024-25 Sport/Activity Rollout

## Basketball(Boys & Girls)

- Uniforms: \$21,600
- Equipment: \$7500
- Coaching Stipends: \$37,552

## Swim & Dive

- Equipment: \$800
- Coaching Stipends: \$9,388

## Scholastic Bowl

- Coaching Stipend: \$6848

## Track & Field

- Uniforms: \$7000
- Equipment: \$7500
- Coaching Stipends: \$18,776

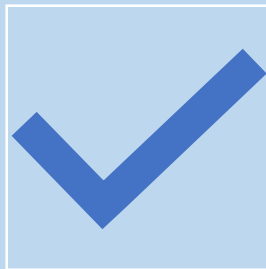




# 2024-25 Sport/Activity Rollout



Equipment & Uniform Cost	\$44,400
Coaching Stipend Cost	\$80,897
Storage Cost	\$60,000
Officials Cost	\$7,500
Insurance	\$5,000
Transportation	\$7,500
Athletic Trainers Cost	\$115,000
Athletic Administrators Cost	\$41,600
Athletic Trainer Supplies	\$10,000



**Total** **\$371,897**



EMPOWERING

# 2025-26 Sport/Activity Rollout

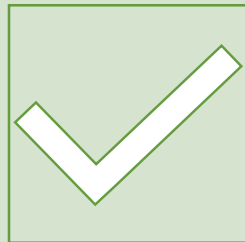
<u>Soccer(Boys &amp; Girls)</u>	<u>Football</u>	<u>Forensics</u>	<u>Cheer</u>
<ul style="list-style-type: none"><li>• Uniforms: \$24,000</li><li>• Equipment: \$4800</li><li>• Coaching Stipends: \$37,552</li></ul>	<ul style="list-style-type: none"><li>• Uniforms: \$27,000</li><li>• Equipment: \$62,000</li><li>• Coaching Stipends: \$12,812</li></ul>	<ul style="list-style-type: none"><li>• Coaching Stipend: \$6848</li></ul>	<ul style="list-style-type: none"><li>• Uniforms: \$9000</li><li>• Equipment: \$3000</li><li>• Coaching Stipends: \$18,776</li></ul>



# 2025-26 Sport/Activity Rollout



Equipment & Uniform	\$129,800
1 <sup>st</sup> Year Coaching Stipend	\$83,323
2 <sup>nd</sup> Year Coaching Stipend	\$84,321
Officials	\$11,250
Insurance	\$10,000
Transportation	\$15,000
Athletic Administrators	\$42,848
Athletic Trainer	\$118,450
Athletic Trainer Supplies	\$10,000



**Total** **\$504,992**



# 2026-27 Sport/Activity Rollout

## Tennis(Boys & Girls)

- Uniforms: \$2400
- Equipment: \$1600
- Coaching Stipends: \$11,928

## Volleyball

- Uniforms: \$6000
- Equipment: \$17,000
- Coaching Stipends: \$9,388

## Debate

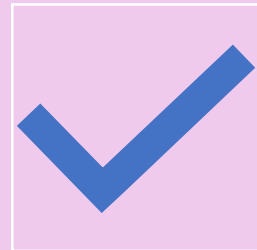
- Coaching Stipend: \$6848



# 2026-27 Sport/Activity Rollout



Equipment & Uniform	\$27,000
1 <sup>st</sup> Year Coaching Stipend	\$85,823
2 <sup>nd</sup> Year Coaching Stipend	\$86,850
3 <sup>rd</sup> Year Coaching Stipend	\$31,649
Officials	\$15,000
Insurance	\$15,000
Transportation	\$30,000
Athletic Administrators	\$44,133
Athletic Trainer	\$122,000
Athletic Trainer Supplies	\$10,000

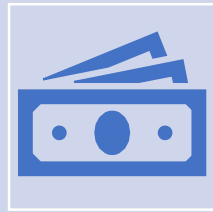


**Total** **\$467,455**



WELCOMING

# ANNUAL YEARLY EXPENSES



Equipment & Uniform Budget	\$38,750
Coaching Stipend Cost	\$204,322 X3%
Officials Cost	\$15,000
Insurance	\$15,000
Transportation	\$30,000
Athletic Administrators Cost	\$44,133 X3%
Athletic Trainer Cost	\$122,000 X3%
Athletic Trainer Supplies	\$10,000

	<b>Total</b>	<b>\$471,705</b>
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RESULTS-DRIVEN

# FUTURE STUDENT ATHLETE OPPORTUNITIES

- E-SPORTS
- BASEBALL
- ROBOTICS
- WRESTLING





# Questions?

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