

**ALEXANDRIA CITY PUBLIC SCHOOLS  
SCHOOL HEALTH ADVISORY BOARD  
MEETING MINUTES  
February 18, 2016  
4:00-5:30 pm  
Samuel W. Tucker Mini-Auditorium**

**SHAB Member Attendees:** Candace Hill (Chair, parent/ACOAN), Rose Berler (community/Nurse), Wendy Donohue (parent), Angelica Garcia (AHD/TWC), Shelly Morgan (parent/SAPCA), Lisa Perry (parent/Nutritionist), Julie Rocchio (parent), Dr. Vivek Sinha (Medical Consultant)

**Other Attendees:** Cindy Anderson (ACPS School Board Liaison), Canek Aguirre (community/Anthem), Julie Crawford (ACPS), Van Do (FCS, SNAP-Ed), Barbara Nowak (ACPS), Olga Wright (ACPS)

**Call to Order**

Chair Candace Hill opened the meeting with introductions. Barbara Nowak volunteered to be note-taker.

**Adoption of Meeting Agenda and Approval of Meeting Minutes**

The meeting agenda was reviewed and approved. The minutes of the November 19, 2015 meeting were reviewed and approved.

**Old Business and Action Items**

Scope of Work – Candace Hill asked members to review Scope of Work assignment list. She reminded members to keep working on assigned projects and asked members not working on projects to select an area and offer assistance.

FLE Implementation Update – Members reviewed Michael Humphreys’ written report on Family Life Education Curriculum (Mr. Humphreys had an unavoidable conflict and could not attend). Julie Rocchio reported being pleased to see implementation is moving forward. Olga Wright, Wendy Donohue and Julie Rocchio each reported hearing concerns about FLE teacher training. Members discussed the need to track which teachers are trained and to evaluate why PE teachers are being trained instead of classroom teachers since PE space is not the right setting for this curriculum. Wendy Donohue suggested that Mike Humphreys give SHAB a more detailed report later in the year. Cindy Anderson reported hearing parent concerns that FLE classes take the place of physical activity day during PE. Julie Crawford volunteered to find more information about the roll out of FLE curriculum to bring back to the board.

BMI – Candace Hill shared that the report is almost ready for distribution.

JHCH – Julie Crawford reported that Policy JHCH was approved by the School Board on February 4, 2016 which puts ACPS in compliance with new national food guidelines.

By-Laws Update – Julie Rocchio reported that a vote to approve has been postponed to await possible School Board guidance for Advisory Committees. She recommends an edit about quorum definition and updates to be consistent with the VA code making SHAB recommended instead of required. She will submit edited By-Laws for approval at the March meeting.

### **New Business and Reports**

School Health Services Report – Barb Nowak shared a report on School Health encounters and services. Barb explained it is likely ACPS nurses are providing more services than the report indicates. She reported the WOW bus was down for repairs that extended beyond the winter holiday, but is back in operation. Visits have been lower than anticipated. There is a new outlet for the WOW Bus at Cora Kelly and plans to expand to Mount Vernon and James Polk. Members also discussed case management, teen pregnancy rates, suicide intervention and insurance referrals. Members commented on the ACPS dashboard system, noting there is no interface that shows number and type of encounters per student which would help better manage services. Dr. Crawford explained that ACPS has taken measures to address suicide prevention through curriculum review of best practices. SHAB will host Patricia Rodgers in March who will present information on the Suicide Prevention Action Network (SPAN), a potential resource for ACPS.

Teen Wellness Services Report – Angelica Garcia shared data on Teen Wellness Center visits over the past year. She said there is only one nurse practitioner and an opening for another. The Center is seeing an increase in sexually-transmitted infections. The TWC is working on outreach to increase compliance with TDAP vaccine requirements and increase HPV vaccines.

### **Communications and Addresses**

Van Do, Extension Agent, FCS, SNAP-Ed described her work in the region to implement and support nutrition education into schools. Candace Hill led a discussion about food insecurity and voiced concern about transitional kids that move from place to place during the week. Julie Crawford reported that school social workers are keeping track of kids who need food and said ACPS is working with various groups within the city to ensure food is available. Partnership for Healthier Alexandria and Hungry Free Alexandria have met recently to discuss the problem; ACPS is represented in those meetings. Candace Hill requested that a list of food resources be compiled. Julie Crawford reported ACPS is working on a list of resources which can be presented at a future SHAB meeting. She also reported that 800 families were supported with food over the winter and there was just a meeting with ACPS Administrators to discuss food resources and referrals.

Shelly Morgan announced that SAPCA is holding a “Kick Butt” event at TCW in March and also planning a Community of Concern dinner. Prescription drug take-back day will probably be scheduled for April. Julie Rocchio requested that be announced through ACPS news.

### **Future Business Dates**

3/17 & 5/19, 4:00-5:30pm; location: Tucker Mini-Auditorium

The meeting was adjourned at 5:24 pm.