

**ALEXANDRIA CITY PUBLIC SCHOOLS
SCHOOL HEALTH ADVISORY BOARD
MEETING MINUTES**

October 13, 2016

4:00-5:30 pm

Samuel W. Tucker Elementary School -- Art Room

SHAB Member Attendees: Candace Hill (Chair, parent, Partnership for a Healthier Alexandria), Van Do (Virginia Cooperative Extension), Michael Humphreys (ACPS), Shelly Morgan (parent/SAPCA), Julie Rocchio (parent), Dr. Vivek Sinha (Medical Consultant to ACPS), Dr. Tara Stanley (parent, Optometrist)

Other Attendees: Cindy Anderson (School Board Liaison), Dr. Julie Crawford (ACPS), Robyn Douglas (ACPS), Jim Durham (HEAL, Alexandria Bicycle and Pedestrian Advisory Committee), Michael Suppa, (ACPS, Child, Youth and Families Collaborative Commission)

Call to Order

Chair Candace Hill opened the meeting with introductions. She and Michael Humphreys both volunteered to be note-takers.

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Adoption of Meeting

The meeting agenda was reviewed and approved.

Old Business and Action Items

Candace Hill welcomed all SHAB meeting attendants, including former members and participants, as well as the newly confirmed member, Tara Stanley, new applicant for SHAB membership, Michael Suppa, new School Nutrition Services representative, Robyn Douglas, and ACPS Human and Growth Development Chair and teacher, Stephanie Ghent.

Scope of Work Assignments – Ms. Hill requested that SHAB members review the formerly approved Scope of Work assignments--see attached-- to see which one(s) fit with their interests.

- Van Do offered to work with the group monitoring childhood obesity
- Dr. Sinha offered to research national best practices for required daily physical activity
- Jim Durham from the Alexandria Bicycle and Pedestrian Advisory Committee offered to update SHAB on the walk audits being conducted for ACPS schools
- Dr. Crawford talked about the district's continued support of Goal 5, Health & Wellness and that the first year's data will be discussed by the School Board at their December 1, 2016 meeting. Updates to the dashboard should follow.
- Dr. Crawford and Shelly Morgan will present the Developmental Assets data to SHAB at a future meeting. YRBS survey is being administered this year so no data will be available this school year for SHAB review.

Candace Hill requested updates on the following Scope of Work projects:

- Health Access Outreach Project Update
 - Barbara Nowak will update SHAB at a future meeting on the efforts and success of ACPS outreach
 - Julie Rocchio informed group that ACPS did send a flyer out to families to inform them on ways to obtain health insurance
 - Ms. Rocchio will update group when the new data is out on the number of uninsured children in Alexandria
- 2015-2016 Kindergarten BMI Data Collection and Analysis Update
 - Candace Hill updated members that the 2015-2016 data from kindergartners has been collected and the 2016-2017 data collection will begin in February.
 - ACPS and members of SHAB will work with the Alexandria Health Department again this year to analyze the 2015-2016 BMI data.
 - Dr. Crawford informed SHAB that they are considering collecting data for BMI analysis at 3rd grade. SHAB members are excited about additional data points to track the BMI of students as they get older. Members suggest keeping the analysis at the aggregate group level vs. tracking individuals, as longitudinal comparison may be compromised due to the variability of height and weight measurement tools used for kindergarten measurements.
- Status of amendments to JHCF-R based on approved SAPCA recommendations
 - Candace Hill informed SHAB that Barbara Nowak, Staff Liaison to SHAB, has drafted a memo to the School Board recommending a change to the regulation per SAPCA's recommendation in our 2015-2016 SHAB Year End Report.
 - Dr. Crawford commented that they are on board with the amendment and that education on substance abuse for students is one of the school district's priorities. She also commented that while it's not required to submit an amendment to the School Board for approval, after the memo has been reviewed by the Superintendent's office, they will submit it to keep the Board informed on the regulation changes.
- FLE Elementary Curriculum Update / grade review assignments
 - Mike Humphreys shared that updated curriculum guides have been completed at both the elementary and high school levels. The middle school guide should be completed in the next week or so.
 - Stephanie Ghent, 9th grade Human Growth and Development teacher, added that the program is going in the right direction in terms of curriculum, resources, and a concerted effort to ensure all students receive this vital content.
 - Mike Humphreys also added that as the lead curriculum developer in this area, he is relying on SHAB for input in philosophy and direction with the new curricula.
 - Candace Hill will follow-up with participants to determine how everyone can contribute to that project.

New Business and Reports

Language Review for FLE – Michael Humphreys specifically requested that SHAB review the language used in the FLE curriculum for the Human Growth and Development (HGD) class to align it with ACPS district policy.

FLE an elective or requirement in High School? SHAB asked for clarification from ACPS members if the 9th grade Human Growth and Development class was an elective or a requirement for students. Following a brief discussion, Dr. Crawford explained that she will involve Gerald Mann, Executive Director of Secondary Instruction, and others in a discussion to ascertain the proper way to “list” this course.

School Health Services and WOW Bus Report – Dr. Crawford provided an update on recent Student Health services and WOW Bus encounters. Document attached. She also thanked Cindy Anderson and the School Board for approving the Certified Nursing Assistants, adding that they have been a tremendous aid to the division thus far.

Teen Wellness Center (TWC) Services Report -- Candace Hill reported for Angélica Garcia who could not attend. The Teen Wellness Center is now fully staffed. As of two weeks ago a new full time Nurse Practitioner has joined the Center team. She is experienced working with youth and is a great addition -- the youth are really connecting with her.

- TWC is returning to our Minnie Howard Clinic, which is held on Friday mornings, with more regularity now that they have additional Nurse Practitioner support.
- Last month Angélica Garcia was able to speak to about 650 youth at a Welcome Assembly for the International Academy about Teen Wellness Center services. This was the TWC’s largest outreach opportunity. Later in the month they will be continuing their outreach in Minnie Howard and in the International Academy at TC main campus to give healthy relationship classes and general information about the Teen Wellness Center.
- Friday TWC is participating in Titan Takeover, a youth centered fun event with food, games, sports, prizes and music, all taking place at William Ramsay Rec Center from 7-10.
- TWC is also now providing the flu shot in the clinic for youth who provide signed consent.

Summer PE Program -- SHAB shared a list of reported complaints regarding the Summer PE Program with Mike Humphreys -- document attached. Mr. Humphreys spoke with several individuals involved with the program in an attempt to better understand the concerns, e.g., lack of communication, poor teacher judgment, unclear expectations.

He shared two challenges the Summer PE program faced, including relocation of the class due to construction and the Summer School Principal leaving the program before it ended for a new position in an outside division. Mr. Humphreys also spoke with Mr. Mann, who gave assurances that Dr. Crawley and his leadership team are aware of the problems and will seek to address them moving forward.

Other concerns cited were about gender splits among the students and the incorporation of a nutrition assignment that had students avoiding certain types of foods for extra credit. Dr. Sinha helped to determine that this type of assignment is not a good idea, and provided some alternatives for the teacher in the future.

SHAB members continued to express concern regarding the overall quality of the Summer PE program, the instruction as well as the curriculum, and requested further review. Dr. Crawford and Mr. Humphreys have agreed to continue to gather more information and will report back to SHAB at a future meeting on the measures taken to ensure a higher quality experience for students and families in future, Summer PE programs.

SHAB Organization / Leadership 2016-2017 -- Candace Hill will remain Chair for the 2016-2017 school year and requested SHAB members to consider becoming the Chair Elect this year in preparation for the Chair position for 2017-2018 school year.

2016-2017 Future Meeting Dates: 11/10; 1/12; 3/9; and 5/11 were discussed. Official vote on meeting dates will take place during the November meeting.

Communications and Addresses to the Committee

Candace Hill shared information on:

- The 2016 Fairfax Food Council Summit coming up on Tuesday, October 18th from 4:30-7:00pm.
- The opening of a West End food Pantry on October 24th at the Episcopal Church of the Resurrection on 2280 N. Beauregard Street.
- The 2016-2017 Childhood Obesity Prevention Learning Collaborative Project that is available to large childcare and Headstart programs as well as preschools in Alexandria City.

Dr. Crawford shared that she will be attending the FCPS Mental Health and Wellness Conference to be held on Saturday, October 29, 2016, from 8 a.m. to 1:30 p.m. at Fairfax High School.

The Free Community Health Fair taking place at George Washington Middle School on November 5th was discussed. ACPS is not participating in this health fair.

Next Meeting

November 10th at 4:00pm in the Samuel Tucker Elementary School, Mini-Auditorium

The meeting was adjourned at 5:40 pm.